

elegrams

...the Largest Circulating Daily of the Islands

Rain or thundershowers likely to occur at one or Weather two places. Maximum and Minimum temperature Report will be around 30°C and 24°C respectively on Monday 31/01/2022. Maximum Temperature (°C) of Date: 29.6 Minimum Temperature (°C) of Date: 23.3 Relative Humidity (%) at 0830 IST: 070 Relative Humidity (%) at 1730 IST: 068 Sunrise time on 31.01.2022 (in IST): 0544 Sunset time on 31.01.2022 (in IST): 1722

Rainfall upto 0830 hrs of date (last 24 hrs)- in mm: 002.0 Rainfall upto 1730 hrs of date in mm: 000.0 Rainfall (Progressive total from 1st January 22 upto 0830 hrs

(of date) in mm: 68.2 mm

Regn. No. 34190/75

Port Blair, Monday, January 31, 2022

Web: dt.andaman.gov.in

Rs. 3.00 Pages 4

'Mann Ki Baat'

PM hails countrymen for fighting new wave of COVID with great success

Urges people to not use Single Use Plastic and go 'Vocal for Local'

fighting the new not only protect the pace of economic continue till the 30th Jyoti near India Gate Addressing nation in his 'Mann Ki Baat' programme highlighted that anniversary matter of pride that taken now. He said about as the country's Republic

the with their studies.

Prime Minister 15 to 18 years have COVID cases as a January on the birth re-establishing its

New Delhi, Jan. 30 been vaccinated positive sign. He anniversary Prime Minister, within just three to however cautioned Netaji Shri Narendra Modi four weeks. He people to be safe, Chandra Bose. The efforts. He said that today said India is stressed that this will and added that the celebrations will the Amar Jawan wave of COVID youth but also help activities of the of January which is and the Jyoti lit at with great success, them to continue country should be Mahatma Gandhi's the National War maintained.

Today is the death on All India Radio, within 20 days, one Mahatma Gandhi. sculpture of Netaji National Shri Modi said it is a crore people have Shri Modi said the has also been Memorial, the 30th of January installed at India names about four and a half precautionary dose reminds everyone of Gate and thanked bravehearts who crore children have as well. He termed the teachings of people been administered people's trust on Bapu. The Prime welcoming this with since Independence vaccine doses till indigenous vaccine Minister noted that enthusiasm. 60 percent of youth strength. He called functions will now Azadi Ka Amrit said that some in the age group of the reduction of start from the 23rd of Mahotsav, India is former soldiers have

death anniversary.

Prime Minister vicinity, of said Day added that in the

Port Blair, Jan. 30

of national symbols Subhas through these Memorial in the digital merged. At the the for have been martyred He have been inscribed. **Prime Minister**

(Contd. on last page)

Budget session of Parliament to begin with President's address to both Houses today

New Delhi, Jan. 30 Economic Survey Budget on 1st of next The Budget 2021-22 will be month. Both the Session will begin tabled on the same Houses tomorrow (Jan. 31) Day in with President, Shri Parliament. Finance function in shifts to Ram Nath Kovind's Minister, address to both the N i r m a l a safety protocol. Houses of Sitharaman will (Source: Parliament.

present the Union india.gov.in)

the Parliament Smti ensure

Nation pays tributes to Mahatma Gandhi on his 74th death anniversary

New Delhi, Jan. 30 Prime Minister, Shri to the Father of the Nation Mahatma today. The day is Urban also observed as Minister, Martyrs' was assassinated on Manoj wreath at Samadhi

COVID-19 vaccination continuing smoothly in A&N Islands

15-18 years of age vaccinated with first dose so far

22,027 doses of Covaxin administered to children since Jan. 3

95.77% of target beneficiaries in the age gro

The nation paid Narendra Modi also Nation at Raighat. homage to Father of paid floral tributes.

Gandhi on his 74th Speaker, Shri Om our death anniversary Birla, Housing and endeavour to further Day. Hardeep Singh Puri, today, on Martyrs' Mahatma Gandhi Army Chief General Day, he is paying this day in 1948. Naravane, Navy great people who President, Shri Ram Chief Admiral R courageously Nath Kovind laid a Hari Kumar and Air safeguarded the Force Chief Air nation. Their service of Chief Marshal Vivek and bravery will Mahatma Gandhi at Ram Chaudhari, always Rajghat in the were among those remembered.

In a tweet, Prime Lok Sabha Minister said, it is collective Affairs popularise his noble Shri ideals. He said, Mukund homage to all the national capital. who offered tributes (Source: india.gov.in)

Martyrdom Anniversary of 44 Martyrs of IIL observed; homage paid to Martyrs'

Staff Reporter

Port Blair, Jan 30 A solemn function was held at Balidan Vedi, Humfreygunj Martyrs' Memorial today, to mark the Martyrdom Anniversary and to pay homage to the Martyrs of Indian Independence League (IIL) Andaman Branch, who were shot dead and buried there on Jan. 30, 1944 by the Japanese soldiers in British counter espionage to eliminate anti-British during World War-II. The President, Humfreygunj Martyrs' Memorial Committee, Shri Puran Chand laid wreath at the Martyrs' Memorial



followed by offering of floral tributes by the descendants of the Martyrs. The Patron of Humfreygunj Martyrs' Memorial Committee, Shri Gouri Shankar Pandey also offered floral

COVID-19 pandemic Matter related to children may be reported on CHILDLINE No. 1098 or Core team **constituted by Directorate of Social Welfare**

Port Blair, Jan. 30

In view of the COVID-19 pandemic, issues concerning children or in case of all members of the family being COVID positive and there being no one to take care of the children or any other may be reported urgently on CHILDLINE No 1098. In view of the surge in the COVID-19 related issues.

exigency related to COVID-



matter related to children 19 the following staff may be contacted viz. Smti Sheetal Moorthy, Programme Manager (9933291872), Dr. Shweta, number of COVID cases in Programme Manager SARA these Islands, a Core team (7719380070), Smti Meghna Pal has also been constituted in Govind, District Child Protection the Directorate of Social Officer, South Andaman District Welfare, to oversee the (9474200343), Shri Niranjan welfare of all children, who Malakar, District Child Protection are in distress due to Officer, North & Middle Andaman District (9476032887), In case of any emergency/ Raguvaran, District Child Protection

15-18 years of age which began from Jan. 3 is continuing smoothly in A&N Islands too along with the rest of the country. With the concerted effort taken by the A&N Administration and the Health Department, so far, 22,027 doses of Covaxin have been administered to children children between 15- been between 15-18 years of age, out 18 years of age is still with number of eligible beneficiaries percentage achieve the target, the Health beneficiaries under receive

COVID-19 vaccination for

children in the age group of

of the 23,000 approx eligible continuing in the second dose will be precautionary vaccine dose and

the vaccination drive to cover children who have downloaded from

arenger, zuzz er silegt eit portal.

Apart from the eligible beneficiaries under 15-18 years of age, the administration of COVID precautionary vaccine dose for Healthcare and Frontline Workers and those over 60 years of age with co-morbidities which started from Jan 10, 2022 is continuing smoothly at different parts of A&N Islands. As per the guidelines issued by the Central inoculated Govt., no new registration is Covaxin, required to get a COVID beneficiaries under this age COVID Vaccination repeated between 4- the precautionary vaccine dose group. To cover maximum Centres (CVCs). The 6 weeks after the will be the same vaccine as of first dose. The administered previously in the especially students and to e 1 i g i b 1 e beneficiaries will first two doses. The number of the beneficiaries administered teams are administering 15-18 years of age certificate online precautionary dose of vaccine so Covaxin to the eligible stood at 95.77 as on after the vaccination far stood at 5457 in the Islands. beneficiaries without fail and Jan 30, 2022. The which needs to be Those completed 270 days after

COVID-19 status in A&N Islands

Port Blair, Jan. 30 on 185 passengers Andaman who arrived here Ferrargunj, arrived, out of passengers,

awaited. During RAT said.

conducted on 34 During the RT- passengers bound PCR test conducted for North & Middle no 12 positive case has positive cases have been detected. At detected. Mohanpura Bus Today, 8 flights with Terminus, test was passengers conducted on 31 709 positive cases have passengers were been detected. At on vaccinated with both Phoenix Bay Jetty, 8 doses while RT-PCR passengers were activities. test was conducted tested with RAT, no foreign travellers) been detected, a Directorate of IP&T

Digital Sansad App will keep citizens updated on all Parliamentary proceedings and other activities: Lok Sabha Secretariat

New Delhi, Jan. 30

Digital Sansad App has been launched to improve the digital footprint of the Lok Sabha and to connect people to Parliament. Lok Sabha Secretariat said, Digital Sansad App will keep citizens updated all Parliamentary proceedings and

The App will make it on 168 passengers (3 positive case has convenient for citizens to access general information about proceedings from 12th Lok Sabha speeches since 1947 and



and the reports are press release from Members of Parliament, their to 17th Lok Sabha. The App will participation in sessions, budget also contain the live telecast of

(Contd. on last page)

Andaman Fights COVID- 19 Use face mask & vaccinate yourself- Together we can fight COVID-19

ANDAMAN AND NICOBAR ADMINISTRATION **SECRETARIAT**

NOTIFICATION

Port Blair, dated the 14th December, 2021

No. 107/2021/F.No. 1-878/2019-D-IV.-- In exercise of the powers conferred by the proviso to Article 309 of the Constitution of India, read with the Government of India, Ministry of Home Affairs, New Delhi, Notification No. U-14039/2/83-ANL dated 21.02.1985 and in concurrence of the UPSC vide Letter F.No.3/30(02)2020-RR dated 20.09.2021 and also in supersession of all previous Notifications issued in this regard the Lieutenant Governor (Administrator), Andaman & Nicobar Islands, hereby makes the following amendments to the Recruitment Rules to Group 'A' Gazetted, Non-Ministerial posts of Assistant Professor of various discipline borne in the establishment of Jawaharlal Nehru Rajkeeya Mahavidhyalaya, Port Blair and Mahatma Gandhi Govt. College, Mayabunder.

1. Short title and commencement:-

- (i) These Rules may be called the Andaman and Nicobar Administration Group "A" Gazetted, Non-Ministerial post of Assistant Professor Recruitment Rules, 2021.
- (ii) They shall come into force on the date of their publication in the Official Gazette.

2. Application:-

These rules shall apply to the post specified in Column (1) of the Schedule annexed to these rules.

3. Number of posts, classification and scale of pay:-

The number of posts, its classification and the Level of Pay/Pay Scale attached thereto shall be as specified in Para 2 to 4 of the Schedule annexed to these rules.

4. Method of recruitment, age limit and qualifications etc:-

The method of recruitment, age limit, qualifications and other matters relating to the said posts shall be as specified in paras 5 to 13 of the said Schedule annexed to these rules.

Disqualification:-

No person-

- a) Who has entered into or contracted a marriage with any person having a spouse living, or
- b) Who, having a spouse living has entered into or contracted a marriage with any person,

shall be eligible for appointment to the said post:

Provided that the Lieutenant Governor (Administrator), Andaman and Nicobar Islands, may, if satisfied that such marriage is permissible under any personal law applicable to such persons and the other party to the marriage and there are other grounds for so doing, exempt any person from the operation of these rules.

6. Powers to relax:-

Where the Lieutenant Governor (Administrator), Andaman and Nicobar Islands is of the opinion that it is necessary or expedient to do so, he may, by order for reasons to be recorded in writing and in consultation with the UPSC, relax any of the provisions of these rules with respect to any class or category of persons.

7. Savings:-

Nothing is these rules shall affect the reservations, relaxation of age limit and other concessions required to be provided for the Scheduled Castes, the Scheduled Tribes and other specified categories of persons in accordance with the order issued by the Central Government from time to time in this regard.

(Admiral D.K. Joshi) PVSM, AVSM, YSM, NM, VSM (Retd.) **Lieutenant Governor Andaman & Nicobar Islands**

By order and in the name of the Lieutenant Governor, (Administrator) Andaman & Nicobar Islands.

> (Kanan Bala Mridha) Assistant Secretary (Hr. Edn.) A & N Administration

SCHEDULE

Schedule of Recruitment Rules for the Post of Assistant Professor, Jawaharlal Nehru Rajkeeya Mahavidhyalaya, Port Blair and Mahatma Gandhi Govt. College, Mayabunder

1.	Name of Post	Assistant Professor	
2.	No. of Post	109* (JNRM- 89/MGGC-20)	
		*(2021) Subject to variation dependent on the workload	
3.	Classification	General Central Services, Group 'A' Gazetted, Non-Ministerial	
4.	Pay Level/Pay Scale	Level-10 (Rs. 57700-182400)	
		(Academic Level-10 with rationalized entry pay of Rs. 57700/-)	
5.	Whether selection post or	Not applicable	
	non-selection post?		
6.	Age limit for direct	Not exceeding 35 years	
	recruits		
7.	Educational and other	For the disciplines of Arts, Commerce, Humanities, Education, Law, Social	
	qualifications required for	Science, Science, Language, Library Science, Physical Education.	
	direct recruits	(A)	
		1. Master's Degree with 55% marks (or an equivalent grade in a point scale	
		wherever the grading system is followed) in the concerned / relevant / allied	
		subject from a recognized University / Institute.	
		2. Must have cleared the National Eligibility Test (NET), conducted by the	
		UGC or the CSIR or a similar test accredited by the UGC like SLET/SET	
		(State Level Eligibility Test) OR who are OR have been awarded a Ph.D.	
		Degree in accordance with the UGC (Minimum Standards and Procedure for	
		Award of M.Phil. / Ph.D. Degree) Regulations, 2009 or 2016 and their	
		amendments from time to time as the case may be exempted from	
		NET/SLET/SET:	
		Provided, the candidates registered for the Ph.D. programme prior to July	
		11, 2009 shall be governed by the provisions of the then existing Ordinances	
		/ Bye laws / Regulations of the Institutions awarding the degree and such	
		Ph.D. candidates shall be exempted from the requirement of	
		NET/SLET/SET for recruitment and appointment of Assistant Professor in	
		Universities/Colleges/Institutions subject to the fulfilment of the following	
		conditions:-	
		a) Ph.D. Degree of the candidate has been awarded in regular mode;	
		b) The Ph.D. thesis has been evaluated by atleast two external examiners;	
		c) An open Ph.D. viva voce of the candidate has been conducted;	
		d) The Candidate has published two research papers from his/her Ph.D. work	
1		out of which at least one must be in a referred journal:	

- out of which at least one must be in a refereed journal;
- The Candidate has presented at least two papers based on his/her Ph.D. work in conference/seminars, sponsored / funded / supported by the UGC/ICSSR/CSIR or any similar agency. The fulfilment of the conditions (a) to (e) as above are to be certified by the Registrar/Dean (Academic Affairs) of the University Concerned.

(B)Ph.D. Degree from a Foreign University/Institution.

FOR MUSIC DISCIPLINE

Master's Degree with 55% marks (or an equivalent grade in a point scale wherever grading system is followed) in the relevant subject from a recognized University/Institute.

Must have cleared the National Eligibility Test (NET), conducted by the UGC, CSIR or similar test accredited by the UGC like SLET/SET OR who are OR have been awarded a Ph.D. Degree in accordance with the UGC (Minimum Standards and Procedure for Award of M.Phil. / Ph.D. Degree) Regulations, 2009 or 2016 and their amendments from time to time as the case may be:

Provided, further the candidates registered for the Ph.D. Programme prior to July 11, 2009 shall be governed by the provisions of the then existing Ordinances / Bye Laws / Regulations of the Institutions awarding the degree and such Ph.D. candidates shall be exempted from the requirement of NET/SLET/SET for recruitment and appointment of Assistant Professor in Universities/Colleges/Institutions subject to the fulfilment of the following

- Ph.D. Degree of the candidate has been awarded in regular mode;
- The Ph.D. thesis has been evaluated by at least two external
- An open Ph.D. viva voce of the candidate has been conducted; Candidate has published two research papers from his/her Ph.D.
- work out of which at least one must be in a refereed journal; Candidate has presented at least two research papers based on his/her

Ph.D. work in conference/seminars sponsored/funded/supported by the UGC / AICTE / ICSSR or any similar agency.

The fulfillment of conditions (a) to (e) as above are to be certified by the Registrar/Dean (Academic Affairs) of the University

(B) A traditional or a Professional artist with highly commendable professional achievement in the subject concerned having a Bachelor's Degree, who has:

		(i) Studied under a noted/reputed traditional Masters(s)/Artist (s). (ii) Has been 'A' grade artist of AIR/Doordarshan; (iii) Has the ability to explain, with logical reasoning the subject concerned; and (iv) Has adequate knowledge to teach theory with illustrations in the discipline concerned.
		NOTE 1: NET/SLET/SET shall not be required for such Master Programmes in disciplines for which NET/SLET/SET is not conducted by the UGC, CSIR or Similar Test accredited by the UGC like SLET/SET. NOTE 2: A Relaxation of 5% shall be provided at the Bachelor's and Master's Level for the candidate belonging to Scheduled Caste / Scheduled Tribes / Other Backward Classes (OBC) (Non- Creamy Layer) / Differently-Abled (A) Blindness and Low Vision; (B) Deaf and Hard of Hearing (C) Locomotor Disability including Cerebral Palsy, Leprosy Cured, Dwarfism, Acid Attack Victims and Muscular Dystrophy; (D) Autism, Intellectual Disability, Specific Learning Disabilities and Mental Illness; (E) Multiple Disabilities from amongst persons under (A) to (D) including Deaf-Blindness for the purpose of eligibility. The eligibility marks of 55% marks (or an equivalent grade in a point scale wherever grading system is followed) and the relaxation of 5% to the categories mentioned above are permissible, based only on the qualifying marks without including any grace mark procedures. NOTE 3: The concerned / Relevant Subject / Discipline shall be specified as per requirement at the time of the Recruitment.
8.	Whether age and educational qualifications prescribed for direct recruits will apply in the case of promotees?	Not applicable
9.	Period of probation, if any	1 (one) year
10.	Method of recruitment, whether by direct recruitment or by promotion or by deputation/absorption and percentage of the vacancies to be filled by various methods	By direct recruitment Note: Vacancies caused by the incumbent being away on deputation or long illness or study leave or under other circumstances for a duration of one year or more, may be filled on deputation basis from officers of Central Govt. holding analogous post on a regular basis and possessing the educational qualifications and experience prescribed for direct recruits under para 7. The maximum age limit for appointment by deputation shall be not exceeding 56 years as on the closing date of receipt of applications.
11.	In case of recruitment by promotion / deputation / absorption grades, from which promotion / deputation / absorption	Not applicable
12.	If a DPC exists, what is its composition?	(for Confirmation): 1. Chief Secretary, A & N Administration: Chairman 2. Secretary (Education), A & N Administration : Member 3. Principal of the respective College : Member
13.	Circumstances in which UPSC is to be consulted	Consultation with UPSC necessary.

JOB DESCRIPTION IN RESPECT OF ASSISTANT PROFESSOR, JNRM / MGGC

- To adhere to a responsible pattern of conduct and demeanour expected to them by the community.
- To manage their private affairs in a manner consistent with the dignity of the profession.
- Seek to make professional growth continuous through study and research.
- To express free and frank opinion by participation of professional meeting, seminars, conferences etc. towards the contribution of knowledge.
- To maintain active membership of professional organisations and strive to improve education and profession through them.
- To perform their duties in the form of teaching, tutorials, practicals, seminars and research work, conscientiously and with dedication.
- To discourage and not indulge in plagiarism and other ethical behaviour in teaching and research.
- To abide by the Act, Status and Ordinance of the University and to respect its ideals, vision, mission cultural practices and tradition.
- To co-operate and assist in carrying out the functions relating to the educational responsibilities of the College and the University, such as assisting in appraising applications for admission, advising and counselling students as well as assisting the conduct of University and College Examinations, including supervision, invigilation and evaluation and
- To participate in extension, co-curricular and extra -curricular activities, including the community

NOTICE INVITING – TENDER

(e- Publishing Offline Mode) No. 57(409)/11-12/Estate Dated: 28/01/2022

in making recruitment

Open Bids are invited in single stage one bid system for advertisement for Construction of RCC Spillway for the existing pond at the lower level (Near Farm Office) at Sippighat Farm and Construction of RCC Bridge/Slab across the stream for approach to experimental field at Sippighat Farm, from firms enlisted with CPWD, APWD, MES or any other Govt. Deptt. or earlier work in ICAR-CIARI, Port Blair having adequate experience and financial capability for executing different civil

Tender document may be downloaded from the CPPP Portal or ICAR-CIARI website URL- http://icar-ciari.res.in and submitted physically through Speed Post/By Hand on or before 19th February by 03.00 PM.

> **Asstt. Administration Officer** ICAR-CIARI, Port Blair

> > ... Petitioner

.... Respondent

WANTED

Commercial Office Space measuring area of 2500 to 3000 Sq. fts. in between area Garacharma to Aberdeen Bazaar, Port Blair. Call between 9.00 am to 7.00 pm. Contact No. 8900957573 / 9819895429.

SUMMON TO DEFENDANT (P)-5

Common form for (1) ascertaining Contest (2) settlement of Issues (Order V, rule 20, 1-A of Code Civil Procedure) District: South Andaman BEFORE THE COURT OF THE FAMILY JUDGE AT PORT BLAIR

MAT Suit No. 105 of 2020 Shri Vinu Chandran

-Versus Smti. P. Rajitha

Smti. P. Rajitha, W/o Shri Vinu Chandran, D/o Shri D. Chandra Bhanu, R/o Mazar Pahad, Shadipur, Under Port Blair Tehsil.

District South Andaman

Whereas, Shri Vinu Chandran, S/o Shri V.C.S. Pillai, R/o Burmanallah, under Port Blair Tehsil, District South Andaman.. Petitioner filed a suit for divorce under Section 13 (ia) & 13 (ib) of Hindu Marriage Act, 1955.

You are hereby summoned to appear in the court in person or by a duly instructed pleader able to answer all material question relating to the matter or, who shall be accompanied by summon able to answer all such question) on the 11th day of February, 2022, at 2 O'Clock in the forensic to state whether you contest, or not contest to claim either in part or in full and if contest to receive direction of the court as to the date of which your written statement is to be filed, the witness upon whose evidence you intend to rely in support of your defence, are to be produced. the document upon which you intend to rely on are too filed, also the date of trial and other

Take notice in the event of your admitting the claim either in full or in part, the Court will forthwith pass judgement accordance with such admission, or in the event of the claim not being contested, the same shall be decided at once

Take notice that in default of your appearance on the date and time abovementioned, the suit

will be heard of determined in your absence. Given under my hand and the seal of this court on this 07th day of January, 2022.

> Sd./-Family Judge

ENGAGEMENT OF GUEST FACULTIES BY SBI RSETI

State Bank of India, Kurai Training Employment Institute (SBI RSETI), Port Blair is going to engage guest faculty of different trades like Beautician, Tailoring, Costume Jewelry, Papad & Pickle Making and Bamboo & Cane Craft Making under MoRD (Ministry of Rural development) training programme with Minimum Qualification 12th Pass and 5 years experience required.

Interested and prospective candidates are requested to submit their Resume/Biodata on or before 07-02-2022 between 10 A.M to 5 P.M at SBI RSETI, 2nd Floor, SBI Complex, SBI Main Branch, Aberdeen Bazar, Port Blair-744101. Contact No-03192-236723/9474200433

<u>AFFIDAVIT</u>

I, SHEELA GHOSH, W/o Samar Kumar Ghosh, R/o Chouldari Village under Ferrargunj Tehsil in South Andaman District, do hereby solemnly affirm and declare as under:

That I am a permanent resident of these Islands and residing at abovementioned address. That prior to my marriage I was known as LOWRA and after my marriage solemnized with SAMAR KUMAR GHOSH in the year 1978, have changed my name as SHEELA GHOSH and the same is recorded in my documents which is obtain after my marriage.

3. That I am the recorded tenant of land bearing Survey No. 88 measuring an area 0.0200 Hects, situated at Badmas Pahar village under Ferrarguni Tehsil, South Andaman District and in the Record Entry (Form-F) in respect of the said land, my name has been entered as LOWRA.

That the abovesaid name LOWRA and SHEELA GHOSH are one and the same identical

That I swear this affidavit for the purpose to obtain Water Tap Connection from APWD in the name of SHEELA GHOSH, W/o SAMAR KUMAR GHOSH.

That the above statements made by me is true and correct to the best of my knowledge and DEPONENT

Place: Port Blair

Τo,









INTAKE HEALTHY FOOD REGULAR EXERCISE LIKE WALKING AND RUNNING AVOID INTAKE OF ALCOHOL AND TOBACCO



MAINTAIN YOUR NORMAL BLOOD GLUCOSE LEVEL KEEP IDEAL BODY WEIGHT

REGULAR CHECK UP OF EYES AND LEGS

Hospital.



LOSS OF WEIGHT. EXCESSIVE THIRST. WEAKNESS OR TIREDNESS

HOW EXERCISE HELPS IN MAINTAINING **BLOOD GLUCOSE LEVELS**



IMPROVES INSULIN LEVEL IN BODY HELPS TO CONTROL OVER DIABETES PREVENTS FROM HEART DISEASES

NOTE: REGULARLY CHECK YOUR BLOOD PRESSURE AND BLOOD GLUCOSE LEVELS FROM YOUR NEAREST HEALTH CENTRE. IF FOUND POSITIVE FOR DIABETES, CONTINUE ROUTINE ACTIVITIES WITH REGULAR MEDICATIONS.

Healthy Habits Healthy Life Healthy India

राष्ट्रीय केंसर, मध्मेह, हृदय रोग व पक्षाघात बचाव एवं नियंत्रण कार्यक्रम NATIONAL PROGRAMME FOR PREVENTION & CONTROL OF CANCER, DIABETES, CVDS & STROKE (NPCDCS) राष्ट्रीय स्वास्थ्य मिशन, अंडमान निकोबार द्वीप समूह

NOTICE

Wedding Reception Cancellation

As a recent surge in COVID-19 case, the wedding reception of our Sumedh with schedule on 2nd February, 2022 (Wednesday) at Hindi Sahitya Parishad has cancelled, as restriction have been imposed due to COVID-19. Inconvenience caused is

> regretted. Regards

Shri Jatindra Lall & Smti. Meera Devi Ph. No. 9434282104

Newly Open PATANJALI

(Gramin Arogya Kendra)

SHIPRA ENTERPRISE

Now in Kalapather, Sippighat Come Shop & Make **SWADESHI SAMRIDHI CARD** Get 5% to 10% Cashback. Eat & Use Healthy, Stay Healthy... With Patanjali Mobile: 7044962369, 9531881636

INVENT PUBLIC SCHOOL (SECONDARY)

S. RAMA RAO

Wishes from: S. Ganesh, D. Shyamala

Devi, S. Srinivas Rao, S. Parasu Ram (Sons

& Daughter) and S. Nandini Devi & S

Lokeshwari Devi (Grand Daughters)

75th Happy Birthday On 31-01-2022

SIPPIGHAT, PORT BLAIR, **SOUTH ANDAMAN-744105**

VACANCY NOTICE

Invites application for the post of GTT Maths with minimum Educational Qualification as M.Sc. (Mathematics). B.Ed. or B.Sc. (Mathematics), B.Ed. Preference will be given to candidates who have good command in English.

Candidates who fulfils above requirement may submit their resume in the school office at Sippighat on or before 4th February, 2022 between 9.00 a.m. and 12.00 noon.

PRINCIPAL

ADVOCATE CHAMBERS ON RENT

1. 5 Nos. A.C. Rooms 150 Sq. ft. each with attached bath. 2. 1 No. A.C. Room 200 Sq. ft. with

attached bath. On main road Aberdeen Bazar adjacent to ASHOK CLOTH HOUSE.

Contact: 9434280913 **OFFICE AND TEACHER TRIPS**

Garacharma, Calicut and Bhatu Basti, Prothrapur, Pathar Gudda

Aberdeen Bazaar Contact No. 9933256717. 9474203780

SUPERANNUATION

Smti. Sumitra Das, W/o Niranjan Das, Dr. Colony, Nayagaon, retired from Govt. Service on 31.01.2022. she worked in Agriculture Department, Goal Ghar. She worked hard for family a lot. She is very sincere worker as well. She is my mentor, guru and well wisher.

I pray for her all success and good health.

Inserted by: Sumala Gharami R/o Hathi Tapu, 9474258942



Superannuation

On 31st January, 2022

M. Ummer

Head Jail Warder Distt. Jail, Prothrapur, Port Blair Congratulations the countdown is over! "We all are so proud of how hard you have worked. Enjoy your newly found freedom and we wish you have a very happy retirement" Inserted by: All family members

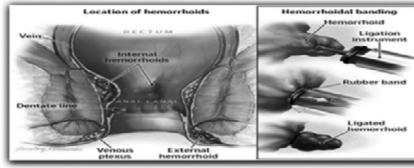
Hearty Wishes for Your Superannuation On 31-01-2022



Miss Margarat (PST), GMS, Ravindranagar, Hut Bay (Edn. Deptt.) Served a wonderful 36 yrs. in her services of Education Deptt. With best wishes from: Shiny (Neice), family & friends.

CHAKRABORTY HOSPITAL





If you have painful Defaccation, PR (Rectal) Bleeding it could be Hemorroids(Piles). Now no need to go for surgery, management absolutely possible with Hemorroid Banding. Hemorroid Banding is usually an outpatient procedure, meaning you won't need to stay in a

Address:- Near Dollygunj Junction, Port Blair - 744103 Contact:- +91-8900980016 | +91-9932084868 Website: www.chakrabortyhospitalportblair.com

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M.E.S. SCHOOL, SALAH NAGAR, OGRABRAJ **ENGLISH MEDIUM SECONDARY SCHOOL ADMISSION NOTICE FOR THE SESSION 2022-23**

Admission form for the Session 2022-23

Admission form for admission in Nursery, K.G.-I, K.G.-II and Class I - IX are available in the school office during working hours w.e.f. 01.02.2022 onwards. 25% seats are reserved for the weaker section and disadvantaged group as per the Section 12(I)(C) of RTE ACT, 2009, in the entry class on production of necessary certification from Andaman and Nicobar Administration.

9434271706

- Mahavir House Building Co-operative Society Registration No. 443, Registered under Housing Cooperative Society Act:
- 2) The Members are original tenants of the society as per the DC's Office Order No. RC No. 244/GIS/2017/DC(SA)/129 dated 11.08.2018.
- 3) Anybody transferred the membership to any other person on their will need to inform the details to the Secretary of Mahavir House Building Society for necessary change in the share holding through the RCS, Port Blair. Without such legal transfer of ownership, the Primary
- ownership lies with the recorded tenant at the DC's Office. 4) It is observed that some of the share holders / transferees have encroached beyond their assigned area of ownership of 200 Sq. mtrs. on road and other plots (share holders area). They
- shall withdraw their accession from the other plot.

If, it is not done, they are doing it on their own risk and cost. The Societies decision will be final as they are answerable to all members / share holders.

YOGA, Naturopathy, VARMA & Dorn Therapy, Siddha, Sujok, Cupping Therapy, Acupuncture, Herbal Medicine, Magnetotherapy, LM Neurotherapy, Thai, Varma & Herbal Massage, Past Life Regression Therapy.

Relief from pains, Spinal Alignment, joints pains, Neck, Shoulder, Back & Knee Pains, Cervical & Lumbar Spondylitis, Sciatica, Jaundice, Disc compressed, Frozen Shoulder, Stress, Elbow Pain, Depression, Sleeplessness, Cholesterol, Weight Gain, Gastric & Breathing Problems, Cough, Sinusitis, Nasal Polyps,Headache,Allergy, Migraine, Headache, Indigestion, Piles, Fistula, Gastro- Intestinal Problems,Constipation,FattyLiver,HairFalling, Dandruff, are Controlled & treated. Immunity increasing package & Organic Foods available. www.vychealthguru.com

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Preferable - within Port Blair city

Kindly walk in or call - 230062 Bata Store, Near TSG Emerald, Phoenix Bay, 9434-26-0336

WANTED

Supervisor – 2 years experience Electrician - 2 years experience with ITI Course.

Mechanic – 2 years experience with ITI Course. Contact No. 9933232904 / 9531838065

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4th Death Anniversary On 31-01-2022



Late VIJAY LAXMI

W/o Umesh Chander R/o Nayagaon Inserted by: **Umesh Chander (Husband)**

DISCLAIMER

Readers are requested to verify and make appropriate enquiries to satisfy themselves about the veracity of an advertisement before responding to any advertisement published in this newspaper.

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vMeku rFkk fudkskj izkklu ANDAMAN & NICOBAR ADMINISTRATION Lkfpoky; /SECRETARIAT

Health Bulletin For Containment Of

नीवल कीरीना वायरस राग

	(No. 0/1/30 January 2022)	
COVID-19 STATUS OF	ANDAMAN & NICOBAR ISLANDS	AS ON 30.01.2022

> Status of Cases :				
Details of Third Wave since: 01.01.2022				
Active new case in last 24 Hours 34				
Discharges in last 24 hours	81			
Total confirmed cases	2049			
Total Discharges	1661*			
Total Active case as on date	402			
Total Deaths	00			
*Includes 14 discharges of second ways				

Cumulative since March 2020					
Details	On 29 th Jan. 2022	On 30 th Jan. 2022	Total		
Confirmed Cases	9743	34*	9777		
Cured/Discharged from	9165	81	9246		
Hospital					
Death 129 00 129					
*Includes 12 Positive from Airport arrival.					
> Clinical Management of Cases :					

Name of District	Isolation Beds Available	Occupied	Vacant	
North & Middle Andaman	286	00	286	
South Andaman	5583	07	5576	
Nicobar	507	00	507	
Total 6376 07* 6369				
*395 Positive cases in home quarantine				

umulative beneficiaries vaccinated with 1st Dose so far

> Status of Sample and Testing:			
Total Samples sent till date	684291		
Total Reports received till date	684291		
Total Pending Reports		0	
Rate of Testing Per Million		1710728	
Cumulative Test Positivity Rate		1.43%	
> Vaccination Status			
Total population)		
Target Beneficiaries	prox)		
Cumulative Beneficiaries vaccinated so far	6,03,987		
Cumulative Beneficiaries vaccinated with 1st Dose so far	3,04,248	106.38	
Cumulative Beneficiaries vaccinated with 2 nd Dose so far	98.52		
% of Target beneficiaries fully vaccinated	104.80		
% of population vaccinated	76.06		
Vaccination for 15-18 years age group			
Target beneficiaries for 15-18			

Cumulative beneficiaries	vaccinated with 2 nd Dose so far	0	0.00		
Precautionary dose		5457			
*2nd dose % against 2860					
>Passengers screened	Passengers screened at VSI Airport & Haddo Wharf				
Details	From 25th May 2020 to	On 30 th Jan. 2022	Total		
	29 th Jan. 2022				
Incoming Passengers					
a) VSI Airport	508117	888	509005		
b) Haddo Wharf	1032	0	1032		
Outward Passengers					
a) VSI Airport	512918	640	513558		
b) Haddo Wharf	928	0	928		

24x7 CONTROL ROOM NUMBERS: 240126/ 232102 / 1077/ 1070 (Source: Directorate of Health Services)

+ (On 30.01.2022, 168 passengers were retested by RTPCR at Airport)



95.77

The following study contents is available at Cable TV, Doordarshan, All India Radio as well as in the Education Department's Official You Tube channel "AN Education Dept Andaman"

The students, parents and all stakeholders are hereby requested to make use of this facility to the maximum extent for the benefit of enhancing teaching-learning activity.					
Class	Subject	Topic	YouTube Link	Media	
III	English	The Story of the Road -2	https://www.youtu be.com/watch?v= 3vBdY9GkTCs	All India Radio (9 a.m. – 10 a.m.)	
IV	Hindi	Muft hi Muft -1	https://www.youtu be.com/watch?v= nlpKEVL3364	All India Radio (9 a.m. – 10 a.m.)	
V	EVS	A Shelter so high -1	https://www.youtu be.com/watch?v= HJcUMvMb0tg	All India Radio (9 a.m. – 10 a.m.)	
VI	Science	Electricity and Circuits	https://www.youtu be.com/watch?v= Oozk8ikHadk	All India Radio (9 a.m. – 10 a.m.)	
VIII	Science	Animal Reproduction	https://www.youtu be.com/watch?v= 2aFVSI0gRnI	Cable TV (City Cable TV) 10 a.m. and 6 p.m.	
IX	Social Science	Nazism and the Rise of Hitler-1	https://www.youtu be.com/watch?v= UYyaYeqw2EY	Cable TV (City Cable TV) 10.30 a.m. and 6.30 p.m.	
Х	Mathematics	Circles-2	https://www.youtu be.com/watch?v= 5KUJarl5Vgw	Cable TV (City Cable TV) 11 a.m. & 7 p.m./ DD Port Blair 4.00 pm	
XI	Mathematics	Trigonometric Functions-3	https://www.youtu be.com/watch?v= H18vmOni4Nc	Cable TV (City Cable TV) 11.30 a.m. and 7.30 p.m.	
XII	Chemistry	Nernst Equation-2	https://www.youtu be.com/watch?v= 8uqrVgYHnXM	Cable TV (City Cable TV) 12 Noon & 8 p.m./ DD Port Blair 4.30 pm	
XII	Computer Science	Python Functions-1	https://www.youtu be.com/watch?v= AYSSeWI1Fy8	Cable TV (City Cable TV)12.30 p.m. & 8.30 p.m.	

Students who have missed the classes on Doordarshan/Cable TV can access the same contents on the department's online repository at https://educationssis.and gov.in/OnlineClass.aspx

95.77% of target beneficiaries in the age group (Contd. from page 1)

second dose are eligible to receive COVID precautionary vaccine

Meanwhile, the vaccination drive is continuing in A&N Islands and as per data available, a total of 6,03,987 beneficiaries in the age group of 18 and above have been vaccinated so far. The cumulative beneficiaries vaccinated with first dose so far is 304248, the percentage of which stands at 106.38. Similarly, the cumulative beneficiaries vaccinated with second dose so far is 299739, the percentage of which stands at 98.52, a press release from DHS said.

PM hails countrymen for fighting ... (Contd. from page 1)

written to him saying that the Amar Jawan Jyoti is a symbol of the immortality of the martyrs. He said that just like Amar Jawan Ivoti, the country's martyrs, their inspiration and contribution are also immortal. He urged everyone to visit the National War Memorial to get a different energy and inspiration.

Prime Minister said that many important national awards were also given away recently. One of them is Pradhan Mantri Rashtriya Baal Puraskar. These awards are given to children who have rendered courageous and inspirational work at a young age. He said the brave deeds of these children must be highlighted as other children will get inspiration and enthusiasm to bring glory to the country.

Padma awards have also been announced recently. He said there are many recipients of Padma awards about whom very few people know. He called them the unsung heroes who have done extraordinary deeds in ordinary circumstances. The Prime Minister expressed delight that more than one crore children have written to him through Mann Ki Baat postcards. These post cards have come from different parts of the country as well as abroad. He stated that these postcards show how broad and wide the vision of the new generation is for the future of the country. Prime Minister shared some postcards for the listeners of Mann Ki Baat. The Prime Minister emphasised that the enthusiasm of India's Azadi Ka Amrit Mahotsav is not limited to the country. He received 75 postcards from Croatia. The Prime Minister stated that India has been the sacred land of education and knowledge. He said great personalities of the country have also had a deep relationship with education. He elaborated that Pandit Madan Mohan Malaviya founded the Banaras Hindu University, and Mahatma Gandhi played an important role in the establishment of Gujarat Vidyapeeth. He expressed happiness that awareness about education is visible at every level in society. The Prime Minister said there is no dearth of such inspiring examples in Central Universities as well. He said that to further enhance such efforts, Vidyanjali Abhiyan has also been started from September last year. Its objective is to improve the quality of education in schools across the country with the participation of various organizations, CSR and private sector. Vidyanjali is furthering the spirit of community participation and ownership.

Lastly, the Prime Minister urged people to not use Single Use Plastic and go Vocal for Local. He also reminded everyone to work wholeheartedly for the Atma Nirbhar Bharat campaign. (Source: india.gov.in)

ICC U-19 World Cup: India beat Bangladesh by 5 wickets to enter semi-final

Antigua, Jan. 30 In the ICC Under-19 cricket World Cup, India beat Bangladesh by five wickets in the Super League quarter-final at Antigua last night



clash with Australia. India overhauled the Yash Dhull won the Put into bat first, victory target in just toss and opted to Bangladesh batters 30.5 overs losing five bowl were all out on a wickets with the Bangladesh underpaltry score of 111 help of Angkrish 19. runs in 37.1 overs. Raghuvanshi's 44 Indian pacer Ravi and Shaik Rasheed's India will now lock Kumar struck three 26 runs. while Bangladesh, Ripon Australia in the Vicky Mondol scalped four Super League semi-Ostwal took two wickets.

against

With this win, For horns against Indian final on Feb. 2.

Rafael Nadal writes history with 21st Grand **Slam win, beats Daniil Medvedev in Australian Open 2022 final**

Melbourne, Jan. 30

wickets

spinner

Rafael Nadal beat Daniil Medvedev in the Australian Open Men's Singles final and clinched a



down,

has Slam title. become the first Grand Slam titles. Number

After being two sets Ashleigh Barty, won Christine O'Neill in Nadal her first Australian 1978

an Open title after Sixth seed Nadal incredible defeating Danielle defeated World No. comeback to clinch Collins of the 2 Medvedev in a 5- his first Grand Slam United States in the set thriller 2-6, 6-7, major since the Women's Singles 6-4, 6-4, 7-5 at the 2020 French Open final at the Rod Rod Laver Arena in triumph. The win Laver Arena. Top on also helped Nadal seed Barty defeated lift overtake Roger 27th seed Collins in Australian Open Federer and Novak straight sets, 6-3, 7title. With this Djokovic with his 6. With the win, the historic 21st Grand Barty became the first Australian to Earlier on claim a Grand Slam man to win 21 Saturday, World title on home soil in one 44 years since

January 31, 2022 Mentally retarded child entitled to Family Pension: Dr Jitendra Singh

Monday

and Space, Dr Jitendra his/her mentally retarded child insisting was necessitated by the Department

New Delhi, Jan. 30(PIB) spirit, the provision for Union Minister of nomination for Family State (Independent Pension is intended to Charge) Science & avoid any hassle to the Technology; Minister of child suffering from a State (Independent mental disability in Charge) Earth Sciences; obtaining Guardianship MoS PMO, Personnel, Certificate from the Court Public Grievances, or in claiming Family Pensions, Atomic Energy Pension after the death of parents. Singh today said that Therefore, he said, for deceased Guardianship Certificate Government employee/ by a Bank in such cases Pensioner is entitled to defeats the very purpose Family Pension and the of such nomination and spirit of this provision also amounts to violation needs to be understood of the statutory and respected. Giving provisions of Central details, the Ministersaid, Civil Service (Pension) this reiteration in public Rules, 2021. The fact that it has come to the therefore, reiterated the notice of the Department provisions of the above of Pension & Pensioners' rules. CMDs of all Welfare that in some Pension Disbursing cases the Banks are not Banks have been allowing Family Pension advised to issue suitable in respect of a mentally instructions to their retarded child through CPPCs/Pension Paying the person nominated by Branches for payment of the Pensioner or his/her Family Pension in respect spouse and they insist for of a mentally retarded Guardianship child through the person Certificate issued by a nominated by the Court of Law. Dr Jitendra Government servant/ Singh emphasised that Pensioner/ Family under the leadership of Pensioner in accordance Prime Minister, the with the statutory Government follows the provisions of the Rules Mantra of Good and not to insist for a Governance for bringing Guardianship Certificate "Ease of Living" to the issued by Court of Law in common man. In that such cases.

India's COVID-19 vaccination coverage crosses 165 crore 70 lakh under nationwide drive

New Delhi, Jan. 30 Over 165 crore 70 lakh COVID-19 Vaccine doses have been administered so far under Nationwide Vaccination Drive in the country. More than 62 lakh Vaccine Doses were administered in the last 24 hours. Meanwhile, India's COVID-19 caseload currently stands at over 18 lakh 84 thousand. The recovery 52thousand patients have vaccine. recovered in the last 24 india.gov.in)

hours.Over two lakh 34 thousand new cases were reported in the last 24 hours. Over 75 percent of the eligible population in the country is now fully vaccinated. In a tweet, Union Health Minister, Shri Mansukh Mandaviya said, with the mantra of Sabka Saath and Sabka Prayas, India has achieved the goal of vaccinating 75 percent of rate is currently at 94.21 its adult population with percent. Over three lakh both doses of COVID-19

Over 7400 Air India employees will get EPFO cover for social security benefits: Govt.

New Delhi, Jan. 30 that the social security be available benefits will be provided employees

guaranteed minimum india.gov.in)

their wages.

pension of Government has said thousand rupees will and to around 7,453 Air India pensions to family and employees for whom dependents in case of contributions have been death of employee. An filed by Air India with assured insurance EPFO for the month of benefit in case of death December 2021. Labour of member will be Employment available in the range Ministry said, these of minimum two lakh employees will receive 50 thousand and extra two per cent maximum seven lakh employer's contributions rupees. The Ministry in their Provident Fund said, no premium will Accounts at 12 per cent of be charged to the EPFO covered employees for The Ministry said, a this benefit. (Source:

Digital Sansad App will keep citizens (Contd. from page 1)

Sansad proceedings. Apart from a virtual tour of the Parliament, the 2022 Budget Session can also be watched live on the App. (Source: india.gov.in)

Digital Sansad App will keep citizens (Contd. from page 1)

Officer, Nicobar District (9476002516) and Ms. Reeta Devi, Nodal Officer (ICPS) (8900909396). Any matter concerning children may be brought to the notice of any of the officials mentioned above on their contact numbers, a press release from Directorate of Social Welfare said.

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