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Thought for today
Real temperature control is to extinguish the heat of anger.

Final merit list for admission in TGCE

Port Blair, Nov. 28: The final merit list for admission to Two Years B.Ed. Degree Programme for the session 2022-23 in Tagore Government College of Education, Port Blair in the subjects/categories Hindi, English, Political Science, Chemistry, Commerce, Computer Science, Botany/Plant Science, EWS and PwD have been published in the online portal on 28th November 2022 and is available at <http://collegeadmissionandaman.gov.in> under "Announcements" for information of all concerned. The counselling for admission to these subjects and categories and for all the remaining seats will be held on 29th November 2022 from 9:30 a.m. at Tagore Auditorium in the TGCE premises. If any candidate is unable to attend the above scheduled counselling in person due to unforeseen reason are requested to either represent their candidature through an authorized person or send their details showing Application No., Name, Subject, Category etc.

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Travel in MV Dering a nightmarish experience

Port Blair, Nov. 28: Travelling in MV Dering, one of the oldest vessels of the DSS is really a nightmare for the passengers. The aging vessel has only seats for seating and passengers had to complete about 17-18 hours of journey by seating in their seats. This vessel has approachment four cabins and all seats which cannot be converted into sleeping seats to provide comfort to the passengers. As a result passengers have to travel sealed all throughout the night. The Directorate of Shipping Services has come out with the sailing schedule of MV Dering from Port Blair to Diglipur via Mayabunder. While passengers are happy that the sailing schedule of a vessel is being announced in advance, they are equally worried because of the inconvenience the passengers had to face availing the journey of MV Dering. The



vessel has only approachment four cabins and all the other passengers have to complete about 17-18 hours of journey by seating. As per the advance shipping schedule, the sailing timing of MV Dering is in the night. The vessel departs Port Blair at about 7.00 pm in the evening and reach Mayabunder in the early morning and after 4-5 hours of journey Diglipur. This means that passengers have to travel more than 17 hours to reach Diglipur. Just imagine, is it possible for normal humans to travel such a long journey in a seated position, especially during night hours when people comfortably sleep. The main purpose of night sailing is that people can sleep comfortably in the ship during night and at dawn they can reach their destination. However, by

operating a vessel like MV Dering which has no arrangements for sleeping for the passengers during night hours, the Directorate of Shipping, it seems hardly cares for the comfort of the people. Passengers had to face a lot of hardship while travelling in vessels like MV Dering, an old vessel lacking basic facilities. It is really shameful that the Shipping department which is consuming the bulk of the annual budget of the UT of A&N Islands has no speed boats to operate in this route which can provide both comfort and facilities to the passengers. "It is high time, the Directorate of Shipping Services think about providing comfort to the passengers travelling in MV Dering by either converting the seats into folding seats so that passengers can spend their night by sleeping or deploying some other vessel having sleeping seat facilities", says some passengers.

Proposal invited from civic society for preparing development plans

Port Blair, Nov. 28: The Directorate of RD, PRIs & ULBs, A&N Administration, Marine Hill, Port Blair under Rashtriya Gram Swaraj Abhiyan (RGSA) of Ministry of Panchayati Raj, Govt. of India has invited applications/

project proposals from Academic Institutions/ Civil Society Organizations (CSO) / NGOs (registered at NGO Darpan of NITI Aayog) to collaborate with the Department of Rural Development and Panchayat

collaborating with Gram Panchayats of their choice to work in the selected GPs and coordinate the entire process of preparing development plans for economic development and social justice in collaboration with the

respective GP as part of the People's Plan Campaign launched from 2nd October, 2022 to 31st January, 2023. The institution/organizations can collaborate with

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MP sanctions Computers, Photo-copiers and PA Systems for various schools of Middle Andaman



Port Blair, Nov. 28: The Member of Parliament, Shri Kuldeep Rai Sharma during his recent visit to Swaraj Dweep, Rangat and Long Island has visited a number of schools of the region and interacted with students and teachers to

understand their problems and the standard of education. During the visit the Member of Parliament observed that supply of certain electronic equipment and computer systems are required in various schools, which can help in running schools in a better way

and also help students of remote areas to get easy access to basic computer education. The Member of Parliament during his visit sanctioned purchase and supply of one Digital Photocopier machine for Government Primary

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Application invited for construction of Ice Plant/ Cold Storage

Port Blair, Nov. 28: Application has been invited for construction of Ice Plant/ Cold Storage in pro-rata basis with minimum capacity of 3 MT and

above in the prescribed proforma from Fishers/Fish Farmers/Fish Workers/ Fish vendors / SHGs/ JNGs / Fisheries Development Corporations / Fisheries

Federation/ Entrepreneurs / Private firms / ST / Women/ Differently abled persons for availing subsidy under Pradhan

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Constitution Day celebration by MGGC Mayabunder

Port Blair, Nov. 28: The Constitution Day was observed on 26th November, 2022 at College Mahatma Gandhi Govt. College Mayabunder in collaboration with Nehru Yuva Kendra Rangat. An elocution competition was held for students in this college on importance of Preamble of Indian constitution and Fundamental rights and duties. On this occasion Dr. S.K. Biswas, Principle, VC was the chief guest who read out the pledge along with the staff and



students. Shri Sukharanjan Biswas, Deputy Director, NYK Rangat welcome the gathering.

Dr. S.K. Biswas spoke in details about the history of Indian

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Govt extends term of Vinay Mohan Kwatra as Foreign Secretary

Government has extended the term of Vinay Mohan Kwatra as Foreign Secretary. The IFS officer's term has been extended beyond the date of his superannuation on 31st December of this year up to 30th April 2024 or until further orders.

- Source : Newsonair

Delegates session of 9th State Conference of CITU held

Port Blair, Nov. 28: The Delegate Session of the 9th Andaman & Nicobar State Conference of CITU was held at Atul Smriti Samity Hall (Bengali Club), Port Blair (27th November, 2022). Com R. Surendran Pillai, President of the CITU State Committee hoisted the CITU flag at the venue of the Delegate Session, followed by Delegates and Observers paying floral tributes to martyrs at a specially erected Martyrs Memorial Column at the venue of the Conference. Shri AK Padmanabhan, All India Vice President



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Scheme of Assistance to Disabled Persons

Port Blair, Nov. 28: Scheme of Assistance to Disabled Persons for Purchase/Fitting of Aids/ Appliances (ADIP Scheme) is one of the major initiatives of the Ministry of Social Justice & Empowerment, Govt. of India to assist the needy Divyangjan in procuring durable and scientifically manufactured standard aids and appliances to promote their physical, social and psychological rehabilitation. Assistive devices are given to

PwDs with the aim to improve their independent functioning, to arrest the extent of disability and occurrence of secondary disabilities. A person with disabilities fulfilling the conditions mentioned would be eligible for assistance under ADIP Scheme viz. an Indian citizen of any age, holds a 40% Disability Certificate, his monthly income from all sources is up to Rs. 22,500/- per month, he or she shall be eligible

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Selection trails for MPL 35th National U-9 Boys & Girls Chess C'ships-2022

Port Blair, Nov. 28: The MPL 35th National Under 09 Boys & Girls Chess Championships-2022 will be held from 25th December to 2nd January, 2023 in Indore, Madhya Pradesh. Each Affiliated

State Association is entitled to send two entries each from Boys & Girls for the Championship. The players who are born on or after 1.1.2013 are eligible to participate

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MIOT HOSPITALS OUTREACH CLINIC PORT BLAIR

SUFFERING FROM **ARTHRITIS** OR **UNEXPLAINED JOINT PAIN & SWELLING?**

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MIOT Hospitals Outreach Clinic, the gateway to world-class healthcare, is flying in a **Senior Rheumatology Specialist** from MIOT International (Chennai) to spearhead the Rheumatology Consultation Clinic at Port Blair. Rheumatologists from MIOT have the expertise to treat every condition - be it Rheumatoid arthritis, Osteoarthritis, Systemic Lupus Erythematosus, Gout, Axial spondyloarthritis, Sjogren's syndrome, Psoriatic arthritis and Systemic sclerosis.

Symptoms:
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Rheumatology Consultation Clinic @ MIOT Hospitals Outreach Clinic, Port Blair
3rd & 4th December 2022

Visiting Rheumatologist:
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Consultation Fee: Rs.800/-
*Prior appointment mandatory. Please bring previous medical records, if any. The clinic is also open to those considering getting a second opinion.

For appointments*:
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MIOT Hospitals Outreach Clinic: Ward No. 4, Near Dignabad School, Aberdeen Village Post, Aberdeen Bazar, Port Blair - 744 101, Andaman and Nicobar Islands.
Tel: 0319 2295 383 | Email: mhoc-portblair@miotinternational.com | www.miotinternational.com

EDITORIAL

The Andaman EXPRESS

29 November 2022

Be punchy on munchy

Food regulator FSSAI should cut down on munchies. It's given the snack industry a long four-year-period before front of packet labelling (FOPL) becomes mandatory. And its limits for permissible sugar, salt and fat content in processed foods are very high. Lifestyle diseases like diabetes, hypertension and cardiac ailments are already at alarming levels. Factor in economic costs of morbidities – loss of productivity and household savings. The industry perhaps worries that FOPL will open people's eyes to the reality of processed foods. But that's exactly the point. Processed food is not healthy.

Good practices can start right away without waiting four years. Citizens have a right to know what exactly they are eating and its consequences down the line. Such consumer awareness will force the industry to adhere to safer levels of sugar, salt and fat content. FSSAI is opting for star rating – five stars for the healthiest food and half a star for the unhealthiest. But the positive factors for a higher rating like presence of vegetables, fruits, nuts, millets, fibres, etc are no consolation if the sugar, salt or fat content are also high in the same product. Such a munchy getting a five-star rating will be farcical.

What would help consumers most is knowing what percentage of the recommended dietary allowance (RDA) for a day is met by what they consume. Knowing whether a bar of chocolate meets 50%, 100% or 150% of the RDA for sugar and fat would certainly help. But FSSAI keeps this optional. Further, RDA claims of the packaged food industry need rigorous laboratory testing. FSSAI's baseline reference value for food risk factors at 21 gms per 100 gms serving for sugar in solid foods is too high considering that WHO had recommended keeping daily sugar intake to below 25 gms ideally, way back in 2015.

Should Govt consider using taxation as an instrument to discourage junk foods and incentivise healthy food? Kerala had initiated a "fat tax" on burgers and pizzas in 2016 before the GST rollout in 2017. Products high in sugar, salt and fat can be taxed higher while those low in these parameters get taxed lower. FOPL and regular tax hikes on cigarettes have helped disencentivise smoking. FSSAI should put citizens first. The market will adapt despite the snack food industry's current opposition. After all, everyone has to eat.

Proposal invited from...

The Gram Panchayats to strengthen grass roots democracy, governance and improve accountability of Panchayats, PRIs and improve programme delivery and governance through mobilising community participation for the preparation of GPDP. The selected Institutions/ Organizations will be sanctioned an amount of Rs.20,000/- per Gram Panchayat. Accordingly, the interested academic Institutions/ Civil Society Organization (CSO)

/ NGOs may apply in the prescribed format and submit the nomination to the Directorate of RD/PRIs and ULBs, Marine Hill, Port Blair latest by 05.12.2022 in its office at Marine Hill, Port Blair or by email to dirpanch@gmail.com/ sprcandaman@gmail.com. For any further query/assistance, the State Programme Management Unit (SPMU), Dte. of RD, PRIs and ULBs can be contacted on any working day during working hours. - Source : RD

MPs sanctions Computers...

School Sabari Rangat at the cost of Rs.85,000. Four Nos. (4) Computer System and one Digital Photocopier Machine for Government Primary School Rangat at the cost of Rs.2,00,000 (Two Lakhs), Three Nos. (3) Computer Systems and one Public Address System for the

Government Senior Secondary School, Long Island at the cost of Rs.1,50,000 (one lakh fifty thousand) and five Nos. (5) Computer Systems for GSSS Sabari, Rangat at the cost of Rs.1,50,000 (one lakh fifty thousand) from MPLADS fund. - Source : Media Cell, MP

Application invited...

Mantri Matsya Sampada Yojana (PMMSY). The approved Unit Cost for 01 MT Ice Plant/ Cold Storage is Rs.4.00 lakh. The approved pattern of assistance for General Category is 40% of the 01 MT unit cost with a ceiling of Rs.1.6 lakh and for ST/Women is 60% of the Unit Cost with a ceiling of Rs.2.4 lakhs for construction of Ice Plant/ Cold Storage. Interested applicants may obtain application forms from the

Directorate of Fisheries/ Zonal Fisheries Office/ Fisheries Sub Station and submit their application along with necessary documents (Identity Proof, Address Proof, Land particular, etc) to the respective Zonal Fisheries offices or nearest Fisheries Sub Stations within 15th December, 2022. For any query, they may contact helpline number 03192-240095 from 10 am to 5 pm. - Source : FD

Constitution Day...

Constitution and stress upon the students to take a pledge to reaffirm their commitment to uphold & protect the ideologies of the constitution. Ms Raji Mathai, Assistant Professor also spoke about the preamble and fundamental rights and

significance of the day. Prizes were given to the winners of the elocution competition by NYK Rangat. The programme ended with vote of thanks proposed by Dr. Shashi, Kumar Singh, Assistant Professor Hindi. - Source : NYK

COVID NASAL SPRAYS MAY ONE DAY PREVENT AND TREAT INFECTION

We have vaccines to boost our immune response to SARS-CoV-2, the virus that causes Covid. We have medicines you can take at home (and in hospital) to treat Covid. Now researchers are trialling something new.

They want to develop drugs that stop the virus getting into the body in the first place. That includes nasal sprays that stop the virus attaching to cells in the nose.

Other researchers are looking at the potential for nasal sprays to stop the virus replicating in the nose, or to make the nose a hostile place to enter the body.

Here's where the science is up to and what we can expect next. How could we block the virus?



Viral blockade, as the name suggests, is a simple premise based on blocking SARS-CoV-2. In other words, if something gets in its way, the virus cannot attach to a cell and it can't infect you.

As SARS-CoV-2 is a respiratory virus, it makes sense to deliver this type of medicine where the virus mainly enters the body via the nose, in a nasal spray.

There are various groups around the world working on this concept. Some research is still being conducted in the lab. Some agents have progressed to preliminary human trials. None are yet available for widespread use.

Heparin is a common medicine that's been used for decades to thin the blood. Studies in mice show that when heparin is delivered via the nose, it's safe and effective in preventing the virus binding to nose cells. Researchers believe heparin binds to the virus itself and stops the virus attaching to the cells it's trying to infect.

A clinical trial is being conducted in Victoria in collaboration between multiple Melbourne-based research centres and the University of Oxford.

Covixyl-V (ethyl lauroyl arginine hydrochloride) is another nasal spray under development. It aims to prevent Covid by blocking or modifying the cell surface to prevent the virus from infecting.

This compound has been explored for use in various viral infections, and early studies in cells and small animals has shown it can prevent attachment of SARS-CoV-2 and reduce the overall viral load.

Iota-carrageenan This molecule, which is extracted from seaweed, acts by blocking virus entry into airway cells.

One study of about 400 health-care workers suggests a nasal spray may reduce the incidence of Covid by up to 80 per cent. IGM-6268

This is an engineered antibody that binds to SARS-CoV-2, blocking the virus from attaching to cells in the nose.

A nasal and oral (mouth) spray are in a clinical trial to assess safety. Cold atmospheric plasma

This is a gas that contains charged particles. At cold temperatures, it can alter the surface of a cell.

A lab-based study shows the gas changes expression of receptors on the skin that would normally allow

the virus to attach. This results in less SARS-CoV-2 attachment and infection. Scientists now think this technology could be adapted to a nasal spray to prevent SARS-CoV-2 infection.

How could we stop the virus replicating?

Another tactic is to develop nasal sprays that stop the virus replicating in the nose.

Researchers are designing genetic fragments that bind to the viral RNA. These fragments known as locked nucleic acid antisense oligonucleotides (or LNA ASOs for short) put a proverbial spanner in the works and stop the virus from replicating.

A spray of these genetic fragments delivered into the nose reduced virus replication in the nose and prevented disease in small animals.

How could we change the nose?

A third strategy is to change the nose environment to make it less hospitable for the virus.

That could be by using a nasal spray to change moisture levels (with saline), alter the pH (making the nose more acidic or alkaline), or adding a virus-killing agent (iodine). Saline can reduce the amount of SARS-CoV-2 in the nose by simply

washing away the virus. One study has even found that saline nasal irrigation can lessen Covid disease severity. But we would need further research into saline sprays.

An Australian-led study has found that an iodine-based nasal spray reduced the viral load in the nose. Further clinical trials are planned. One study used a test spray containing ingredients including eucalyptus and clove oils, potassium chloride and glycerol. The aim was to kill the virus and change the acidity of the nose to prevent the virus attaching.

This novel formulation has been tested in the lab and in a clinical trial showing it to be safe and to reduce infection rate from about 34 per cent to 13 per cent when compared to placebo controls. Despite promising data so far on nasal sprays for Covid, one of the major barriers is keeping the sprays in the nose. To overcome this, most sprays need multiple applications a day, sometimes every few hours.

So based on what we know so far, nasal sprays will not singlehandedly beat Covid. But if they are shown to be safe and effective in clinical trials, and receive regulatory approval, they might be another tool to help prevent it. - Source : The week

Delegates session of...

of CITU inaugurated the Delegate Session. In his address Shri AK Padmanabhan said that despite losing a number of its leaders during Covid 19 pandemic, CITU continued its fight, taking up various issues of the working class. He said that working class should know for which section of the society the present government is working. He said that the government is working only for the benefits of the corporate in the country. He further said that farmers under the banner of Samyukta Kisan Morch were fighting against the Electricity (Amendment) Bill, which, if passed, will deprive the farmers of the benefit of lower tariff of electricity, thereby increasing the cost of production for farmers. Referring to the

callousness of the central government and A & N Administration towards the issues pertaining to the workers in these islands, he called upon the working class in the islands to strengthen the CITU so that in the coming days more and more issues pertaining to the workers can be taken up and movements conducted. In his Presidential Address, Shri R. Surendran Pillai, President of CITU State Committee explained the anti-working class attitude on the part of the A & N Administration and called upon the Delegates to continue to carry out the movements in their respective areas/sectors. The Delegate Session paid homage to the departed leaders through a condolence resolution. Shri B.

from... Page 01

Chandrachoodan, General Secretary, CITU State Committee presented the report on the functioning of the CITU for the last 3 years while the Treasurer Shri Shyamal Kolly presented the Audited Accounts. A number of Delegates from different parts of the union territory participated in the discussion on the Report. General Secretary replied to the discussions and thereafter both the report and audited accounts were unanimously passed by the Delegate Session. Shri SP Kalairajan presented the draft resolutions which were passed by the Session after discussion and inclusion of additional resolutions. About 125 elected Delegates and observers from various parts of A & N Islands attended the Delegate Session. - Source : CITU

Scheme of Assistance...

for getting an assistance the full cost of the Aids and Appliances under ADIP Scheme. And if the total income is between Rs. 22,501/- to Rs. 30,000/- per month, he or she shall be eligible for getting 50% subsidy of the cost of Aids/Appliances under ADIP Scheme. Income certificate from Revenue Agencies / BPL Card / MGNREGA Card / Disability Pension Card / Certificate by M.P./MLA/Councilor/Gram Pradhan failing which Notarized Affidavit/Implementing Agencies may be accepted for providing aids/appliances to PwDs. Income certificate of beneficiaries staying in orphanages and half-way homes etc. may be accepted on certification of District Collector or Head of the organization concerned. The documents required for availing the benefits under ADIP Scheme are recent colour passport size photograph (2 Nos), Disability Certificate

(photo copy) and original for verification and entry purpose, Ration Card/Voter ID/Driving License (any one photo copy)- (of Parents/beneficiaries), Aadhaar Card (photo copy) for (beneficiaries/parents), valid mobile number (for beneficiaries/parents) and photocopy of Income Certificate. The Income Certificate should be valid as on date of distribution camp. The aids & assistive devices provided under ADIP Scheme for Locomotor Disability are Tricycle, Wheel Chair (Adult), Wheel Chair (child), Auxiliary crutch (Large), Auxiliary crutch (Medium), Elbow crutch (Large), Rollator (Child), Walking Stick, CP Wheel Chair and Corner Chair. For hearing impairment, the equipments provided are Mild Class (BTE), Moderate Class (BTE) and Extra Strong Class (BTE). For visual impairment, the devices provided are Smart cane. Universal Braille

from... Page 01

Slate, Braille Slate, Tylors Frame, Abacus, Hand Magnifier, Cricket Ball, Daisy Player & Android Tablet. Under intellectual disability, the aids provided are Teaching Learning Material TLM for 0-3 years, Teaching Learning Material TLM for 4-6 years, Teaching Learning Material TLM for 7-11 years and Teaching Learning Material TLM for 12-18 years. Composite Regional Centre (CRC), Port Blair is implementing ADIP Scheme in this UT. The Centre has facilities for providing speech therapy, physiotherapy, vocational training, prosthetic and orthotic assessment, special education assessment and intellectual assessment by Psychology Department. Eligible and interested Divyangjan have been requested to contact the Composite Regional Centre (CRC) Brookshabad, A&N Islands. - Source : PD

Final merit list...

through WhatsApp or text message @ 9531831281, 9531808308, 9933277071 before 8:00 a.m. on 29/11/2022. All such messages will be acknowledged. Those who fail to attend the counselling in person

or fail to send their willingness through message will not be considered for admission to the course and the next eligible candidate in the merit list will be considered for admission. - Source : TGCE

Selection trails for...

in the Championship. Interested chess players who wish to participate in the upcoming National Under 09 Chess Championship 2022 may submit their entries on or before 02.12.2022 through Whatsapp @ 9434293379 or email @ anchessassociation@gmail.com or visit www.anchessassociation.com. As per the entries, Andaman

Nicobar Chess Association (ANCA) will conduct a Selection Trial on 4th December, 2022 at ANCA Chess Centre, Dairy Farm to select players from Andaman & Nicobar Islands for the National Under 09 Chess Championship 2022. For more details, contact B. Neelaiah, General Secretary, Andaman Nicobar Chess Association @ 9434293379 or 9679593366. - Source : ANCA

from... Page 01

Sensex to hit 80,000 by 2023?

Even as benchmark indices scaled fester highs on Monday, rallying for the fifth straight day, global brokerage firm Morgan Stanley is confident that the bull run is here to stay in 2023. According to the firm, the 30-share BSE Sensex may hit 80,000 in the next one year. India equity strategist of Morgan Stanley, Ridham Desai, said in the base case scenario, Sensex will hit 68,500 by December 2023. According to Morgan Stanley, Sensex hitting the target of 80,000 is contingent on domestic growth continuing its strong path as per its forecasts, the aftereffects of Ukraine-Russia conflict not spilling over in 2023, and the US



not slipping into a protracted recession. It is also dependent on government policy remaining supportive, and the RBI executing a calibrated exit. "At the helm of India's outperformance has been government policy, including a structural rise in the domestic

equity saving pool, a boost to corporate profit share in GDP, and a focus on FDI flows, which raised the share of FDI in BoP, allowing India to run monetary policy that is less sensitive to the US Fed, and reduce the equity market's sensitivity to US growth

conditions and oil prices," Economic Times quoted Desai as saying. Other factors that may lead to markets hitting record highs include a sharp correction in commodity prices, and earnings growth compounding at the rate of 25 per cent annually. The firm expects the domestic bid on shares to continue and also the foreign portfolio investors to continue buying. On Monday, rallying for the fifth day in a row, BSE Sensex climbed 211.16 points or 0.34 per cent to settle at 62,504.80, its fresh record closing high. The broader NSE Nifty gained 50 points or 0.27 per cent to end at 18,562.75, its record closing high.

LOST

I, Prodip Biswas, S/o Kalipado Biswas, R/o Subashgram, North & Middle Andaman lost my Islander Identity Card No 10103210034404 at Port Blair on 07/09/2022. Finder please contact 8900971119.

LOST

I, Mukesh Ram, S/o Manikam, R/o Paresh Nagar, Mayabunder, North & Middle Andaman lost my Islander Identity Card No 10212201193301 at Diglipur on 05/08/2022. Finder please contact 9474258294.


Safe at Home
Safe Alone

NOTICE INVITING e-TENDERS

The Executive Engineer, Panchayati Raj Institution, South Andaman Division-I on behalf of *Pradhan, Gram Panchayat, Bambooflat-II* invites online item rate tender (in CPWD form-8) from bonafide and experienced contractors of appropriate class of APWD, MES, ALHW & P&T for the below mentioned work.

1. NIT NO. EE/PRI/SAD-I/RR/2022-2023/80 **Name of Work:** - Renovation of Village road from Lilly's Shelter to main road at Tsunami Shelter at W.No 07 under Gram Panchayat Bambooflat-II. **Estimated Cost Rs:** - 22,40,239/- **Earnest Money Deposit:** - 44,805/- **Time of Completion:** - Six (06) Months, Tender Fee: - '.500/- & last date & time of submission of bid: - 05/12/2022 (1500 hrs)

The tender forms and other details can be obtained from the website <https://eprocure.andaman.gov.in>.

Tender ID: - 2022 RDPRI 8214 1

Executive Engineer,
Panchayati Raj Institution,
South Andaman Division-I
Junglighat, Port Blair
South Andaman

IP/9358/22
2022/MediaRelease/989

Join Indian Army Recruitment 2022, Apply 150 + JCO Vacancies

Join Indian Army Recruitment 2022 | 40 Vacancy | Technical Graduate Course | Last date : 30.11.2022 | Apply Online @ joinindianarmy.nic.in
Join Indian Army Recruitment 2022: Indian army warmly invites online application from eligible unmarried Male candidates to apply for Technical Graduate Course (TGC). Candidates who are passionate about working under the Indian army, you can apply for these posts. As per the advertisement no Army TGC Entry 137. There are wholly 40 elegant seats allocated for Engineering Graduates. If you are willing to join Defense jobs, you can use this chance. Candidates who have a proper qualification and age limits are eligible to apply through online mode. No other mode of submission will be accepted. Selected candidates will be appointed in the India region. The online registration is closed on 30.11.2022
Candidates will be taken by medical exam. Shortlisted candidates will be called for an interview process. Selected candidates will work in the Indian army. The lowest level of age limit is 21 years and the highest level of age limit is 27 years. Candidates may check their eligibility, Educational details, and salary before applying for these posts. The registration link will be open from 01.11.2022 to 30.11.2022. For other details, you can visit the official website @ joinindianarmy.nic.in
How to apply for Army TGC 137 Entry 2022
Applicants go to the official website @ joinindianarmy.nic.in
Find the advertisement number and read completely.
Candidates can go to the login portal.
Registered candidates go to login and new applicants register with valid details.
Finally check and click to submit the online application.

ITBP Recruitment 2022 | Constable / Tradesman Posts | 287 Vacancies | Application Last Date: 22-12-2022

ITBP Recruitment 2022: Indo-Tibetan Border Police Force is looking to hire eligible candidates for fill up the position of 287 Constable / Tradesman. Totally 287 vacancies will be allocated for Constable (Tailor, Gardener, Cobbler, Safai Karamchhari, Washerman, Barber). Eligible Indian male and female candidates may use this ITBP Constable Recruitment 2022. Appointment will be based on temporary basis likely to be permanent in ITBP. Link for online application for Constable post will be activated on 23-11-2022. The last date for submission of online application form is 22-12-2022.
Applicants must have completed the Diploma/10th from recognized board are eligible for this ITBP Police Recruitment ITBP will be conducted the physical efficiency test, physical standard test, written examination, trade test, detailed medical examination/ Review medical examinations for applying candidates. Candidates those who submit the online application in mentioned date can be able to download your admit card from official website. Selected person will be located at anywhere in India with the scale of Pay Rs. 21,700 – 69,100. Applicants are advised to regularly keep in touch with the official website for latest updates and more information.
How to Apply for ITBP Police Recruitment 2022
Applicants visit the official website at www.itbp.nic.in
Get required advertisement in
View the advertisement and check the eligibility condition.
Return to the page, click online application form.
Fill up the form and furnish the required information.
Candidate must pay the application fee through online mode.
Finally submit the online application form
Candidates see the daily recruitment in website more information about latest updates and upcoming exam notification.

BEL Chennai Recruitment 2022, Apply for Apprentice Vacancies

BEL Recruitment 2022 | Apprentice Posts | Vacancies 08 | Interview Date 24.11.2022 | Download BEL Application form @ www.bel-india.in
BEL Recruitment 2022: Bharat Electronics Limited invites application from eligible candidates for Apprentice post. Candidates seeking for B.Com jobs in Central Government organization may refer BEL notification for more details. BEL Chennai is going to fulfill the vacancies through Interview mode. Candidates should attend interview along with duly filled application and other necessary documents on 24.11.2022. Totally 08 vacancies are available for Apprentice post at BEL Chennai. Candidates should register their names at NATS portal.
Selected candidates will be posted at BEL Southern Region. Candidates can get detailed information about reservation, age relaxation, job description, experiences, etc at official notification. Eligible candidates are advised to download the application form from BEL official website & attend interview on mentioned dates along with required documents. BEL Chennai recruitment notification & application form can be downloaded @ www.bel-india.in. Applicants should be residents of Tamil Nadu state only. Selected candidates will be intimated through Email and also at BEL website.
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Click on "Careers" then "Recruitment".
Recruitment advertisements at BEL for various positions has been displayed in the page.
Open the link "WALK IN SELECTIONS FOR APPRENTICESHIP TRAINING OF NON-ENGINEERING GRADUATES (B.COM) FOR THE YEAR 2022-23".
Notification for the position will open.
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Application format has attached in the notification.
Take the print copy of downloaded application form.
Fill the form with relevant details.
Attend interview along with application form & other necessary documents on 24.11.2022. Candidates may refer www.bel-india.in recruitment page for more details & upcoming job vacancies. Aspirants looking for more central/state government notification may refer our daily recruitment site.

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Make a application fee payment via NFET mode only and the bank details are provided above.
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FACT Recruitment 2022, Apply 45 Technician Posts

FACT Recruitment 2022 | Technician Posts | Total Vacancies 45 | Last Date: 16.11.2022 | Download FACT Notification @ www.factco.in
FACT Recruitment 2022: Fertilisers and Chemicals Travancore Limited (FACT) is going to start the online process from 25.10.2022 for recruitment of Technician Posts. Recently it has issued new notice [Recruitment Notification No. : 11/2022] on 25.10.2022 to fill up 46 vacancies. As per the FACT Notification, online applications received between 26.10.2022 to 16.11.2022. Candidates who are looking Central Govt Jobs kindly make online registration @ FACT Career page. Interested and eligible candidates kindly use this FACT Technician Vacancy 2022.
FACT Technician Recruitment 2022 and FACT Recruitment apply online link is available @ www.factco.in. Candidates who are looking for Diploma Jobs must check their eligibility i.e. educational qualification, age limit, experience and etc. FACT will select candidates based on Computer Based Test. Successful candidates in CBT will be shortlisted for next stage of selection process i.e. document verification. The candidates appointed are liable to serve anywhere in India or abroad as per the Company's requirement. More details of www.factco.in recruitment FACT New vacancy, upcoming notices, syllabus, answer key, merit list, selection list, admit card, result, upcoming notifications and etc. will be uploaded on official website.
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Click "Career -> Job Openings" find the advertisement "Recruitment Notification No.11/2022 dated 06.07.2022 for the posts of Senior Managers, Officer (Sales), Management Trainees Technicians", click on the advertisement
Notification will open read it and check Eligibility.
If you are eligible candidate then you have continue to apply via online.
Find & click apply online link.
Enter your details correctly and make the payment.
Finally click submit button and take the print of the application form.
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IN CONVERSATION

HOW XI JINPING'S DRACONIAN COVID POLICY TRIGGERED THE CURRENT UNREST IN CHINA

China is witnessing an unprecedented movement, civil disobedience that has prompted thousands of frustrated Chinese citizens to take to the streets against the government's draconian zero-Covid measures. Despite the measures to curb the unrest, the demonstrations seem to be only spreading to other cities, in a direct challenge to Chinese president Xi Jinping's iron grip over his citizens.

But what triggered this situation in China, despite most of the world moving on from Covid to normalcy? Why brought China, which boasted the success of its zero-Covid policy last year, to the breaking point?

Many experts allude to the flaws in the zero-Covid measures, including lockdowns aimed at smothering outbreaks and a failed vaccination policy, for the current crisis. While China may have succeeded in controlling previous outbreaks by imposing lockdowns and restricting the movement of at-risk groups, its efforts were hampered by the state's failure to raise immunity among the vulnerable population by allowing some amount of transmission.

According to Yanzhong Huang, a senior fellow for global health at the Council on Foreign Relations, China's focus was on containment. "More intensive-care beds and better vaccination coverage should

have started two-and-a-half years ago, but the single-minded focus on containment meant fewer resources focused on this," he told The Washington Post.

Huang added that even the effective mRNA boosters, which China currently lacks, will be of little help to "resolve the fundamental problem with China's goal of eliminating infection rather than mitigating symptoms."

The country's lockdown measures, costlier yet ineffective, to deal with new variants of the virus is no longer appropriate. Experts believe the government could

transmissibility is no longer appropriate. The whole world has abandoned this approach – nobody can stand the cost, it's simply not working," Jin Dongyan, a virologist at the University of Hong Kong, told CNN.

Vaccination
The Chinese vaccination policy too is full of flaws. The country's zero-Covid policy has stopped a majority of its 1.4 billion people from being exposed to the virus. Though they have launched a more aggressive vaccine drive now, a huge chunk of the elderly community remains vulnerable.

Ironically, for a country that claims to have developed the first Covid vaccine, China is yet to come up with a native mRNA vaccine. Thanks to the ruling Communist party's innate nationalism, it has refused to import or licence a foreign one. This has resulted in the country's vaccination programme ending up mostly ineffective.

This is besides the questions raised over the efficacy of Chinese vaccines. Private pharma firm Sinovac and state-run Sinopharm which manufactures the vaccines in the country have reportedly not yet published the final-stage clinical trials, casting doubts over the success of the vaccines. -Source : Theweek



prepare for the outbreak by introducing effective vaccines and antiviral therapies and boosting vaccination rates instead of focusing on such draconian measures.

"Using lockdown and containment measures to deal with an infectious disease with such a low mortality rate and high

To change corrupt behaviour, change the message

Every day we are bombarded with messages that try to persuade us to change our behaviour for the good of ourselves and society. Drink less alcohol! Eat less food! Wear a mask! Get vaccinated!

Millions of dollars are spent each year on information campaigns designed to foster more cohesive and inclusive societies.

In developing economies, this includes efforts to foster democratic attitudes and more effective political systems.

Say no to gender-based violence! Reject corruption! Do not sell your vote!

Given how pervasive they are, the most surprising thing about these campaigns is that many just don't work.

Some even make the situation worse.

The reason why is important, because it tells us something about why it's so hard to change human behaviour.

Take anti-corruption campaigns.

Almost all of the programmes designed to reduce graft in high corruption countries include an awareness raising component.

The idea is that through raising awareness about an issue,

citizens will become more willing to reject requests for bribes and act against corruption.

The hope is they'll report it or vote against corrupt politicians.

But until the last five years, no one had systematically tested whether these messages were effective.

When researchers started to look into this, they got a nasty surprise: in most cases anti-corruption messages don't make citizens more likely to reject or condemn graft.

A test in Lagos, Nigeria, a nation with a history of high-level corruption, had some alarming results.

From 1200 randomly selected participants, it found people were actually more likely to pay a bribe.

The 1200 took part in a bribery game. They were told that paying a bribe would mean another participant would lose money much like in the real world. Some participants received an anti-corruption message and some did not.

Those who received an anti-corruption message were on average more likely to pay a bribe. In other words, the effect of the messaging was the opposite of what was intended.

This means the millions of

dollars being spent on anti-corruption messaging in countries like Nigeria may not just be wasted it may actually be making things worse.

Blame human nature.

Recent research in political and social psychology found that when we hear about topics that are pervasive, we tend to become cynical and focus on how big the problem is.

The way we behave is less shaped by what we are told to do than by what we believe our peers are already doing.

So, we are more likely to get vaccinated and follow social distancing protocols if we think all our friends have already done so than if the government tells us. The consequences of this for how governments need to communicate are profound.

If a campaign focuses on how corrupt the police are, or how few people are recycling, we point out how big the problem is and so run the risk of undermining people's confidence that a better future is possible while simultaneously suggesting that bad behaviours are socially acceptable.

The effect of this double whammy is perfectly illustrated by anti-corruption messaging which confirms people's most cynical

inner beliefs that the system is beyond repair and the only way to get things done is to take part in corruption by paying bribes.

Individuals who were already particularly pessimistic about the prevalence of corruption were significantly more likely to be negatively affected by reading an anti-corruption message.

The biggest worry is that this logic doesn't only apply to corruption.

One study tested messages designed to prevent the theft of wood from Arizona's Petrified Forest National Park.

It found that signs that described the problems caused by others' behaviour stealing wood were most likely to increase theft.

Similar conclusions have been reached with campaigns to stop gender-based violence and vote-buying.

It's important, then, to realise that raising awareness may actually make the problem worse. Before embarking on awareness-raising campaigns policymakers could try and design less problematic messages.

Only then can we make sure that when we try and do good, we do no harm.

- Source : Theweek



Best Wishes from... **K. Ganeshan** (Ex. Chairperson, PBMC) & **Laxmi Ganeshan** (Councillor Ward No.8, PBMC)



Prohit Kumar B.Sc., M.Sc.

Grand son of Late Ponnu Swamy S/o Smti Sandhya Rani & Shri Subba Rao, R/o Bathubasti

with **Smithy Lall M.A., B.Ed**

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P.T. Usha lone candidate, set to get elected as IOA chief unopposed



The legendary P.T. Usha is set to become the first woman president of the Indian Olympic Association (IOA) as she emerged as the lone candidate for the top post for the December 10 elections.

The 58-year-old Usha, a multiple Asian Games gold medalist and a fourth-place finisher in the 1984 Olympics 400m hurdles final, filed her nomination papers for the top job on Sunday, along with 14 others from her team for the various posts.

The deadline to file nomination papers for the IOA elections ended on Sunday. IOA elections returning officer Umesh Sinha did not receive any nominations on Friday and Saturday but 24 candidates filed nominations for various posts on Sunday. There will be contests for one post of vice-president (female), joint secretary (female). There were 12 candidates in the fray for four executive council members. The IOA polls will be held to elect one president, one senior vice-president, two vice-presidents (one male and one female), one treasurer, two joint secretaries (one male and one female), six other executive council members, out of which two (one male and one female) shall be from the elected SOMs. Two members of the executive council (one male and one female) will be the Athletes' Commission representatives.

