

THE BULLET OF ANDAMAN



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Councillors of Port Blair Municipal Council sensitised on various forms of Cyber Crimes *SP(SA) Kalaivanan convened a meeting to enlighten the Councillors on the threat of cyber crime faced by modern society*

Port Blair, Oct.09:
The term Cyber Crime has become a parlance of everyday use that, hundreds of people fall prey to cyber crime in one or another form across the country on a daily basis. Andaman & Nicobar Islands which are otherwise remote from heinous crimes has also witnessed various forms of cyber crime activities where locals have lost their money to cyber-criminals. Time and against, the Andaman & Nicobar Police has been sensitizing the people on the need to be alert to safeguard themselves



from online scammers and cyber criminals. However, number of cyber crimes are taking place sporadically thanks to the innocence and lack of knowledge on part of public. Sensing the need for an awareness programme to sensitize the masses on the threat of cyber crime, the Superintendent of Police (SA) Mr.Kalaivanan, IPS convened a meeting of Municipal Councillors in his chamber on October 6 where an awareness session on the threats of

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PBMC's fresh list of compassionate appointees draws flak as it snatches the opportunity of unemployed youth *Social activists call for rectified list and restrict compassionate appointment to 5% of total vacancy as per RR*

Port Blair, Oct.09:
A press release issued by the Administrative Officer on September 13 carrying the list of 100 candidates on the waiting list of compassionate appointment has drawn flak from the stakeholders and the social activists as it prescribed 100% to candidates on the waiting list of compassionate appointment.

Social activists allege that, prescribing 100% of vacancy for compassionate candidates amounts to deprivation of opportunities to other

unemployed candidates. As such social activists call for filling up the vacant posts from amongst the open by prescribing only 5% of vacancy to compassionate appointment. They justify this point on the ground that, many of those waiting on the list of compassionate appointment are over-aged and will have less than ten years of residuary service. Further, those on the panel of compassionate appointment are already receiving family pension and no longer in penury. Compared to them, there are many

unemployed youth who are in very pathetic condition due to lack of employment and survival means. Social Activists appeal to the Municipal Council to recall the list already published by the PBMC and revise the list by restricting the number of candidates to 5% of total vacancy while leaving the rest of vacancy open for candidates from outside. Lets hope the Chairperson and Secretary take cognisance of this matter and do the needful to address the employment problems of a section of youth.

Read & Write

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We are for you

MP demands procurement of Copra under Price Support Scheme

The Member of Parliament of Andaman and Nicobar Islands, Shri. Kuldeep Rai Sharma met the Secretary of Agriculture Department with the Directors of 'Ellon Hinengo Limited'(EHL), Car Nicobar on 07.10.2022 & requested him to make arrangements to purchase Copra from farmers of Car Nicobar and other areas of Andaman and Nicobar Islands under Price Support Scheme.



He informed the Secretary that due to delay in procurement of these Copra under Price Support Scheme of Government of India, presently Copra farmers of these Islands are being exploited by middlemen, who are procuring Copra from them at very cheap

price. He said that procurement of Copra under Price Support Scheme is crucial for the economic upliftment of farmers of A & N Islands and saving farmers of these Islands from exploitation. The Member of Parliament requested the Secretary of Agriculture to take up this matter with National Agricultural Cooperative Marketing Federation of India Ltd. (NAFED) for the benefit of farmers of A & N Islands.

Has the Father of Nation been neglected?

Skipping the formal observance of Gandhi Jayanti at Mohanpura prompts one to think if the Mahatma has indeed been forgotten

Port Blair, Oct.09:
Lifestyle statue of the Father of Nation that stands tall in the middle of Mohanpura opposite to the State Bank of India used to wear a celebratory look since the last week of September every year as a precursor to the approaching birthday of the Mahatma. A huge pandal was used to be erected in front of the statue well ahead of October 2 by temporarily directing the traffic to go around the pandal. A grand function would be held on the morning of October 2 when Hon'ble Lt. Governor or the Chief Secretary and other

higher authorities of the Admn. accompanied by elected representatives and freedom fighters would attend the programme. A prayer meeting would be held with dignitaries spinning the ceremonial charka to pay tribute to Mahatma Gandhi. All these programmes used to mark the Gandhi Jayanti celebration in Port Blair every year. But, this year was something different with no pandals, no prayer meetings and no spinning of charka, Gandhians and the civil society allege. This attitude of the Adminis

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NOTICE INVITING e-TENDER

No. e-tender-DB/CD/DP/2022/ 3887 Diglipur, dated: 30-09-2022

The Executive Engineer, Construction Division, APWD, Diglipur invites on behalf of President of India, online Item Rate Tender / bid from the approved and eligible Contractors of the Andaman PWD or all contractors irrespective of their enlistment in APWD or any other Govt. Department subject to the condition that they have experience on executing the relevant magnitude of work as per CPWD Works Manual and with other GOI organizations in these islands and do not have any adverse remarks:-

1. NIT No. 03/SE/CC-I/2022-23 Name of work:- Improvement and widening of SH-15 from Shyamnagar to Hathilevel from Ch. 22.00 km to 24.70 km under SD-II, CD, APWD, Diglipur.
Estimated cost: Rs. 1,59,37,001/- Earnest Money: Rs. 3,18,740/- & Cost of tender document: Rs. 1,000/- time of completion: 08 months.

(Tender ID: 2022_APWD_7522_1).

The e-tender form and other details can be downloaded from the website. The last date of bid submission will be **25-10-2022 upto 15:00 hours**. Other details/information can be seen on website eprocure.and.gov.in.

Advt.Release No.9119/22EE, CD, APWD,
Diglipur.

Weight loss and more: 6 superb benefits of eating poha for breakfast

Poha is a delicious popular Indian dish which is a common breakfast staple item and quite ubiquitous in India. It is easy to cook, light on the stomach and filled with lots of nutrients and fibre yet tasty. Poha is the perfect solution, whether you're trying to shed pounds or just want a quick and easy breakfast option. It is easy to cook but also provides you protein, fibre and many essential macronutrients thus making it a perfect start for the day. Mothers everywhere hail it as the best breakfast ever because it can be made so easily and is an excellent source of energy and high in protein. We spoke to Neha Bhatia, Senior Dietician, Shalby Multispecialty Hospital Jaipur who listed some



awesome benefits of eating poha as the first meal of your day. It is a nutritious alternative for diabetics due to its high fibre content, which allows the gradual and steady release of sugar into the bloodstream, hence decreasing blood sugar spikes.

An excellent source of carbohydrates due to its composition, which consists of around 76.9% carbohydrates and approximately 23% fats. It prevents the storage of fat in the body, keeps one feeling full for longer, and supplies one with the energy

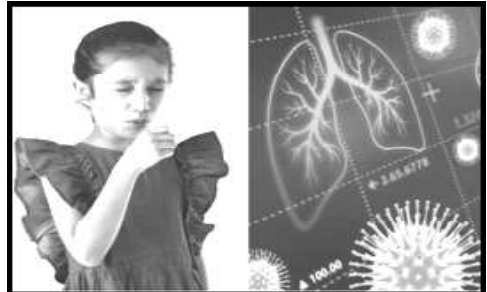
necessary to go through a long busy day. Poha is a probiotic which is excellent for gut health. It is made by parboiling paddy, sun drying and beating it flat before fermentation.

Poha is a light meal and does not cause bloating or indigestion which is why it is easy to digest and can be eaten in the morning or as a light evening snack.

The low-calorie count of poha makes it a healthy choice for dieters. A nutritious and delicious weight loss option, a bowl of cooked poha only has 250 calories. Poha is beaming with iron and vitamin B, and if you eat it often, it can help keep your body from running out of iron. Eating poha can also help you fight anaemia.

The healthy, the strong individual, is the one who asks for help when he needs it. Whether he has an abscess on his knee or in his soul. - Rona Barrett

Long COVID: Does your child have persistent coughs or returning fever? Doctor explains COVID may have weakened their lungs



Since the beginning of the pandemic, children were considered less at risk when it came to COVID, especially severe infection. However, doctors are reporting that long COVID is affecting many kids, even if they had a mild illness in the initial infection or were asymptomatic.

We are also seeing a huge number of "persistent coughs, continuous coughs, community acquired pneumonia, bronchopneumonia, stuff that we have never seen before," notes Dr Nihar Parekh, Pediatrician, in his latest Instagram video.

He notes that "kids we never nebulised before are getting nebulised now. Kids we never put on inhalers, require persistent inhalers. The cough is still not going & the fevers are coming back. According to the latest research, the cause behind these could be the impact of COVID-19 on our kids' lungs."

On 20th September 2022, a research went online on post COVID effects on the lungs of children. The findings of the study were published in Radiology, a journal of the Radiological Society of North America (RSNA).

The findings show that there is a possibility that our kids, who may have gone

through Delta, Omicron, asymptomatic COVID, major or minor COVID infection, may have been left behind with lung damage & weaker lungs.

The researchers studied COVID-19's effects in children and adolescents (mean age 11 years) using low-field MRI. They looked at changes in lung structure & function in 54 children and adolescents with previous SARS-CoV-2 infection. They noted that of the 54 patients, 29 had fully recovered, and 25 of them had long COVID. All but one of the patients had been unvaccinated at the time of original infection. The study showed that 80% of the children with very mild symptoms through any form of COVID had 60% minor lung involvement.

Dr. Amanda Morrow, a Rehabilitation Physician at Kennedy Krieger Institute and an Assistant Professor of Physical Medicine and Rehabilitation at the Johns Hopkins School of Medicine, shared some of the most common long COVID symptoms that children experience. These include: Talking about recovery, Dr Nihar Parekh says, "This is going to take time, because time is the only factor that heals these lungs." However, he

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How to Get Thick Eyebrows: Simple Ways To Do

We all know how eyebrows define our face. Earlier, thin eyebrows were on trend. People would trim their eyebrows to achieve pencil-thin, clean, and well-defined brows. But like other trends, beauty trends come and go. Today, thicker eyebrows are again on trend. People are going crazy over thick and well-shaped eyebrows.

They are searching for tips on how to get thick eyebrows naturally. While some people are relieved that they no longer need to tweeze or wax their thick eyebrows, others are concerned about how to restore the shape of the eyebrows. In this post, we are going to discuss a few natural remedies on how to make eyebrows look thicker. Keep reading.

There are plenty of options for making your brows look thicker, but the question is, "can you turn your naturally thin eyebrows thicker"? It depends. If you have lost your eyebrow hair due to a medical condition that can be managed with treatment, you can grow back the hair after recovery. Likewise, grooming won't affect your hair thickness. Your brow hair will grow back in a month or two (depending on your hair growth cycle). However, it's hard to make naturally thin eyebrows thicker. It's pretty simple. Each person has a set number of hair follicles at birth. It might differ from person to person.

Experts advise that you should never shave your eyebrows, as they might never grow back. There's no magical way to grow your eyebrows thicker overnight. The best you can do is stop tweezing, waxing, and threading your hair so that the brows can grow fully.

Eyebrows get a lot of attention. They highlight your eyes and give you



plenty of options to experiment with different kinds of makeup products. Some ladies rely on parlor techniques to grow their eyebrow hair thicker. While they may work for some, these treatments do not produce lasting results. Besides, as we have mentioned before, no medication or salon treatment can increase the hair follicle count.

Whether you have naturally thin hair or you have lost them due to grooming or a medical condition, the hair can't grow back overnight. But, a few natural remedies can help speed up the process. Are you also looking for tips on how to grow eyebrows thicker? You have come to the right place. Let's take a look at the 10 simple tips for growing your brows hair thicker naturally.

It's the oldest and the most popular technique for getting thicker eyebrows naturally. Castor oil doesn't magically grow your hair, but it nourishes and hydrates your hair follicles, encouraging hair growth. Castor oil is loaded with antioxidants, all the essential vitamins and minerals needed for hair growth, and proteins.

People claim that regular application of castor oil on your hair follicles can speed up hair growth, although there is no clinical evidence proving the benefits of castor oil for eyebrows. Make sure you use the organic castor oil that's extracted using the cold-compressed method. This gives us raw and 100% pure oil, rich in essential nutrients.

1. Use a few drops of castor oil on your forehead and massage it gently on your eyebrows.

2. Let the oil sit on your eyebrows for 15-30 minutes.

3. Take a few drops of coconut oil on a cotton swab & dab it gently on your face to remove the castor oil.

4. Rinse off with cold water.

Castor oil is safe. You can apply it regularly to your eyebrows.

One of the reasons your eyebrows get thinner over time is the loss of protein. Hair requires a considerable amount of protein for growth. To retain this protein, people use coconut oil alone or in combination with other protein-rich ingredients. Virgin, cold-compressed coconut oil contains lauric acid, which acts as an antimicrobial agent. This prevents any fungal or bacterial infection on your forehead. Also rich in Vitamin E & antioxidants, coconut oil is your best bet for getting long, thicker, and healthier eyebrows.

1. Take a cotton swab and dip it in the fresh, virgin coconut oil.

2. You can keep it for a few minutes or leave it on your brows overnight.

3. Wash your face with cold water the next morning.

Like castor oil, coconut oil is safe for your eyebrows. You can apply it every day or every 2-3 days.

Rich in vitamins B and C, minerals, and a considerable amount of sulfur, onion juice is often used as a natural remedy

for hair loss. Sulfur boosts the production of collagen, which enhances hair growth. Not only is it good for your scalp, but onion juice works wonders for your eyebrow hair. It promotes thicker and longer hair. It also makes your hair follicles stronger so that your hair doesn't fall. To avoid the pungent odor, it's best to use onion juice with lemon.

1. Put one fresh onion in a blender and make a thick paste.

2. Collect the juice into a cup.

3. Add a few drops of lemon juice.

4. Dip a cotton swab in the juice and apply it to your eyebrows using fingers.

5. Let it sit on your eyebrows for 20 minutes & wash it off with cold water.

Your eyebrow hair needs protein, and there couldn't be a better source of protein than egg yolk. It also contains a high concentration of biotin, which is another essential ingredient for your hair health. As beneficial as egg yolks are for your hair health, they have a very bad odor.

You can add a few drops of lemon juice to avoid its odor.

1. Collect the yolk from the egg white and beat it for a few minutes until you achieve a smooth consistency.

2. Add some drops of lemon juice and mix it well.

3. Dip a brush in the egg yolk and apply it to your eyebrows.

4. Keep it for 10-20 minutes.

5. Rinse it with cold water.

Do it once or twice every week or more often if possible.

Aloe Vera is loaded with many nutrients that promote hair growth and prevent hair breakage. It is a great option for people looking to grow their eyebrows thicker naturally. Because

of its non-sticky nature, you can use aloe vera multiple times a day. It's an excellent solution to oily skin problems. It helps you get rid of excess sebum, thus keeping the skin around the forehead clear, oil-free, & moisturized.

1. Get a fresh aloe leaf from your garden or the market and peel its outer layer off.

2. Extract the gel into a bowl.

3. Massage it on your eyebrows using your fingers or a brush until it's applied properly. Keep massaging until the gel is absorbed into your hair.

4. Leave it for a few minutes before rinsing it off.

Aloe vera is rich in aloenin, an essential compound for your hair health. People claim that regular application of fresh aloe vera gel can help grow your eyebrows thicker and stronger.

Lemon is another natural ingredient that promotes healthier brows. It contains Vitamins B and C, folic acid, and other essential compounds for your hair health. Before you try lemon for your eyebrows, note that there is no scientific study that proves that lemon grows your eyebrows thicker. However, it does keep the oil out of your face and cleanse your skin, which in turn enables more oxygen reaching your hair follicles.

1. Take a lemon and cut it into two pieces.

2. Rub the half slice on your eyebrows and let it sit for 5 minutes.

3. Wash your brows with warm water.

4. You can mix lemon with coconut oil as well.

Don't let lemon sit on your brows for longer, as its bleaching properties can lighten the color of your brow color. Also, lemon doesn't suit every skin type. Test a small patch of your skin with lemon. Avoid this remedy if the skin irritates.

MP takes up issues of Industrial Employees of Department of Environment and Forests A&N Administration

The Member of Parliament of A&N Islands, Shri. Kuldeep Rai Sharma has taken up several grievances of the Mazdoor of the department of environment and forest of A&N Admn. with the Principal Chief Conservator of Forests, A&N Administration for an early settlement.

The issues are as follows: 1. Cadre management of industrial employees by invoking conducts and disciplinary proceedings.

(a) That, it has been brought to the notice by the Andaman Forest Employees' Union of different forest divisions of the department of environment and forests of A&N Admn., affiliated with the INTUC that the conduct of the Mazdoor on regular industrial establishment working in various forest divisions of the forest department are being controlled by invoking the provisions contained under the industrial standing orders certified under section 5 (3) of the industrial employment (Standing orders) Act, 1946 with necessary notification (s) under section 5(2) of the said act. The existing certified standing orders being referred/quoted in the service matters of the regular Mazdoor and other similar cadres have been notified between 1970 & 1976.

(b) That, while accepting the recommendations of the report of 6th CPC the Ministry of Personnel, Public Grievances and Pension, Department of Personnel and Training GOI has been pleased to issue office memorandum vide No. AB-14017/6/2009-Estt(RR) dated 30.04.2010 and formulated model recruitment rule for group 'C' posts in pay band-1 with grade pay Rs1800/- (pre-revised group 'D' posts) According to the said memorandum all the group 'D' posts have been placed in group 'C' pay band -1 with

grade pay of Rs.1800/-.

The minimum qualification for appointment to the above pay level- will be either 10th pass or ITI equivalent, as per the memorandum issued by the Ministry. The Mazdoor appointed and working in the forest department and do not possess the required qualification prior to the approval of 6th CPC has undergone prescribed training/classes to amend the existing RR of Mazdoor and other categories of employees promoted from the post of Mazdoor considering seniority and merit of trade test etc. On their passing the training and tests their pay has been upgraded and fixed under Pay band-1 with grade pay of Rs.1800/- as per the recommendations of the 6th CPC. & brought them to the category of group 'C' employees.

(c) That, after 6th CPC all the appointments of Mazdoor are made and their pay have been fixed under the provisions of FR&SR & pension cases are settled under CCS (Pension) Rules, 1972 including leave encashment on retirement. The Mazdoor of the forest department is subscribing to the GPF under CCS (GPF) Rules, 1960. Whereas only in the matter(s) of conduct and disciplinary proceedings the industrial employees standing orders are followed, which have been certified and notified during the year 1970s.

(d) That, the article 311 of the constitution of India has guaranteed protection to the govt. employees & a reasonable opportunity of being heard in respect of the charges/allegations levelled against the employee to be given. Whereas the provisions have been given in the certified standing orders of all the forest divisions in the matter of conduct and disciplinary proceedings under sub-head "proceedings for disciplinary proceedings"

do not have ample opportunities as guaranteed by the constitution of India to a government employee/servant.

(e) That, since the categories of industrial employees and similar cadres of the forest department working under the functional & nonfunctional forest divisions (13 divisions) have been upgraded from group 'D' to group 'C' as per the decision taken by the GOI in the 6th CPC report subsequently and their service matters are dealt and considered treating them as group 'C' employees except the conduct and disciplinary proceedings as stated above.

(f) That, therefore, it is necessary to take action at your end to substitute the existing "certified standing orders" of all forest divisions with the CCS (Conduct) Rules, 1964 & CCS (CCA) Rules, 1965 so that the employees shall get appropriate justice in settling their service matters.

2. Filing up of vacant posts of forest divisions.

(a) That, applications were invited from the eligible local youths of A&N Islands to fill up 112 vacant posts of regular Mazdoor on industrial establishment of the South Andaman Forest Division during the year 2014. Accordingly a numbers of applications have been submitted by the unemployed and penurious candidates, but the follow-up action in this matter is under pending finalization with the competent authorities since 2014. In a meeting of the Andaman Forest Employees Union South Andaman held on 11.09.2022 at Wimberly gunj it was informed that between 2014 and 2022 about 43 posts of Mazdoor on regular industrial establishment have fallen vacant due to superannuation retirements. Now

the number of posts of regular Mazdoor lying vacant in South Andaman forest division is 155, apart from this the posts of Cook and safaiwala of Mount Harriet Guest house is also lying vacant

(b) That, similarly the position of vacant posts of Mazdoor on regular industrial establishment in Baratang forest Division is 36, Middle Andaman Division is 136, Mayabunder Division is 95 posts, Nicobar division (Campbell bay) is 92 posts, Diglipur Division is 71 posts and Wildlife Division Port Blair is 63 posts. Appointment/recruitments of Mazdoor on regular industrial establishment is to be centralized.

That, if the appointment/recruitments of all posts lying vacant in different forest divisions are centralized the delay to fill up the vacant posts of Mazdoor and other similar posts could be evaded. The appointments on compassionate grounds and handicap quota etc. are being done by the office of the Principal Chief Conservator of Forests A&N Islands and the selected candidates are being sent to the respective forest divisions (employers) to join there. The recruitment to the posts of MTS vacant/created in the Forest department are also made by the A&N Admn. by the centralized procedures & the selected candidates are being directed to different departments of the A&N Admn. including forest department. Therefore the recruitment to the vacant post of Mazdoor on regular industrial establishment of different functional and nonfunctional forest divisions (13 divisions) of department of environment and forests A&N Admn. is to be centralized.

3. Enhancement of wages at the rate of 1/30th on minimum relevant pay level to the DRMs on continuous service of forest division Little Andaman and

subscriptions under the scheme of E.P.F

(a) That, in order to undertake the post tsunami operations/rehabilitation works entrusted by the A&N Admn. in Little Andaman Island about 45 Mazdoor on daily wages were appointed and engaged by the Divisional forest officer Little Andaman with effect from 24.10.2005. In the process of appointment to the post of Mazdoor on regular establishment undertaken by the DFO Little Andaman the cases of 20 DRMs were considered for regular appointment out of the 45 DRM engaged during the year 2005. The remaining DRMs have been granted the benefits of enhancement of wages on 1/30th of the minimum relevant pay scale plus DA and three cases of DRMs working since 2005 are left out for grant of the benefits under the scheme of 1/30th of the wages and they are (1) Shri Emil Barwa S/o Patras Barwa (2) Shri Pavan Ram S/o Rudho Gwala and (3) Smti Jini John w/o Shri John. The Hon'ble Lt. Governor (Administrator) A&N Islands has been pleased to order the enhancement of wages of DRMs working in different department of the A&N Administration since last several years prior to 01.09.2017 vide Memo randum No. 289 dated 2017, hence the above DRMs are entitled to get the benefits of the scheme with back wages from 01.09.2017 onwards.

(b) That, no action has so far been taken by the competent authorities to get the eligible workman subscribed towards the EPF Scheme 1952, of the Little Andaman, Baratang and Diglipur forest divisions. The MP requested the PCCF to early examine and settle these issues for the benefit of industrial employees (factory and non-factory) of Department of Environment & Forests A&N Admn.

Is Rahul Gandhi's Bharat Jodo Yatra building bridges?

A touch can evoke an outpouring of emotions, open floodgates of tears or bring a beaming smile on the faces. Rahul Gandhi's touch apparently did exactly that as his party's Bharat Jodo Yatra seems to have resonated with the masses and spawned raw feelings.

Go to any social media platform and you will find it replete with videos and photos where Rahul Gandhi's fan base - mostly his popularity with the kids & the womenfolk - become visibly pronounced. Be it a child giving a peck on the Congress leaders' cheek or an elderly woman weeping while resting her head on his chest. Images of the down-to-earth leader tying a strap to a girl's sandal or hugging a senior citizen as she walks along with him have also apparently struck the right chord.

"I could walk a thousand miles for a moment like this," Rahul tweeted with a photo of a girl child covering her face with her palms as the Gandhi icon holds her in his lap. There's also one in which Rahul carries a little one on his shoulders. Have you seen a leader doing that for some time now?

Frenzied women breaking down, being given a tight embrace, girls raising slogans for their "hero", Rahul listening to young boys with rapt attention, the leader accepting a flower from a



baby, a girl going berserk and breaking the security just to be with Rahul and Sonia Gandhi, a girl holding a poster which reads "We walk for Ankita, Bilkis, Asifa and the unnamed girls of Hathras and Unnao". All this and much more is happening at the Bharat Jodo Yatra, which began on Sept. 7, and will cover 3,570 km from Kanyakumari to Kashmir over a span of five months.

Some of it does look a bit PRish. And little wonder then that amid the fanfare comes a demand from the National Commission for Protection of Child Rights (NCPCR), the apex child rights body, to initiate probe into complaint that kids are being "used as political tools" in the Bharat Jodo Yatra. The NCPCR letter is currently with the Election Commission. The NCPCR has taken

strong exception to the "disturbing" images and videos which are doing the rounds on social media "where children are being targeted and made to join in the yatra". The Congress has pooched the complaint and dubbed NCPCR as "Childish Commission". Hitting out Union Minister of women and child development Smriti Irani, senior Congress leader Jairam Ramesh said, "Childish Commission (NCPCR) is directed by Jhoot ki Rani (Queen of Lies)."

Sonia Gandhi recently participated in the Bharat Jodo Yatra in Karnataka. And the video of Rahul convincing his mother to stay in the car instead of marching has also gone viral. That apparently showcases a child's love for his mother. Of course, there's no one who has contested it till now. Can one?

of kilometres away. Such is the potential of cyber crime that it so far has cost hundreds of local citizens of Andaman & Nicobar Islands their hard earned money, the SP said.

He further informed that, the increasing use of Information and Communication Technology (ICT) has resulted in an increase in cyber crimes in India. Cyber crime meant not only financial frauds. There are other forms of cyber crimes like privacy, hacking and cyber terrorism. In the cyber crime involving

financial fraud, perpetrators steal the money of user or account holders through various forms. Likewise, precious data of companies are stolen by criminals leading to huge financial crimes.

Every year, cyber criminals hack into the servers of government and businesses and get away with hundreds of crores of rupees virtually. Concluding his speech, the SP called upon the Councillors to work together & create awareness among the masses on the threat of cyber crime.

Has the... from Page.No.1...

Administration did attend to pay tributes to Mahatma Gandhi, veterans allege. Such a pitiable state prevailing in these Islands is something which should not happen even with one's enemies. While the entire world is celebrating the Mahatma, the Administration has deliberately skipped a usual function to pay tribute to the Mahatma. Tributes were paid by Admin. even during pandemic and what prompted the Administration to neglect the Mahatma is a million dollar question, civil society questions.

Long... from Page.No.2...

emphasizes on preventive measures, such as proper immunization.

He advises to talk to your child's pediatrician and sort their basic immunization and catch up on pneumococcal vaccines "if you want to prevent your child from reaching hospitals with a community acquired pneumonia, which in the last two weeks we're seeing a lot, by the way."

Along with Coronavirus, several other viruses can also cause persistent coughs and pneumonia in children, starting from newborns to 15 years of age, notes Dr. Parekh. Children should get their yearly flu shot at least till five years

of age, maybe six or seven. He adds, "They're extremely important to prevent this current damage caused by the two years of COVID virus on your child's lung and prevent hospitalization. So no vaccine prevents against the disease, but vaccines do prevent against mortality & morbidity."

Parents should head to the doctor if their child's symptoms don't improve or if they develop new symptoms within one month of their initial COVID infection. As for recovery from long COVID, Dr. Amanda Morrow notes that guidance for long COVID in adults cannot be automatically used for pediatric patients.

Councillors... from Page.No.1...

cyber crime was conducted. Addressing the gathering, the District Police Chief said that, increasing use of gadgets like smart phones and computers have resulted in an increase in the number of cyber crimes. Advanced technology has made the people dependent on gadgets and internet for their every day

informational needs. The convenience of internet in providing instant information on myriad of subjects had enabled the access to information by sitting in one place. Social net working, online shopping, online learning platforms, online job portals has made everything virtually possible. However, other side of the internet has

proved to be a threat to society in the form of cyber crime. Abundant use and dependence on internet has paved way for various forms of cyber crimes. Such crimes transcend the conventional geographical boundaries and enable the perpetrators to reach out to their potential victims living thousands